

Sheopals Harmo Balancer Has Become A Boon For Females Struggling with PCOS & PCOD

In concern with the increasing number of women in India suffering from PCOS/PCOD, there are many supplements available in the market. According to WHO data more than 11.8% women are diagnosed with it in India.



New Delhi, Delhi Jan 24, 2023 ([IssueWire.com](https://www.issuewire.com)) - An increasing number of women in India are suffering from hormonal disorders called Polycystic Ovarian Syndrome (PCOS) and PCOD (Polycystic ovary disorder) which are linked with infertility. According to WHO data, more than 11.8% of Indian women are being diagnosed with the prevalence of primary infertility. In these worrisome times of uncertainty, Sheopals Harmo Balancer has proffered positive results in customer feedback.

Polycystic ovarian syndrome (PCOS) or PCOD (Polycystic ovary disorder) is basically a hormonal imbalance when ovaries start producing an abnormal amount of hormones called androgens which are responsible for the development of secondary sexual characteristics like facial and body hair growth and heavy voice in males. This situation causes an imbalance in reproductive hormones which causes missed or irregular menstrual periods, unanticipated hair growth in the facial area, thinning of hair in the head, sudden hair loss, weight gain, and eventually infertility. Apart from these risks associated with reproductive organs and secondary sexual characteristics, PCOS & PCOD are also responsible for diabetes, high blood pressure, bone mass loss, and other health complications in elderly years of life.

Although PCOS & PCOD both have some clearly visible symptoms, most women tend to ignore these in the initial phases. Gynecologists warn that if not treated at the initial stages, this situation can cause permanent damage to ovaries and other reproductive organs and can cause endometrial cancer or infertility.

Sheopals makes some wonderful lab-tested herbal products that are intended to improve sexual, reproductive, and overall health. Sheopals Harmo Balancer is one such product that is an outcome of extensive research in Ayurveda, traditional remedies, and our ancient scriptures. Sheopals Harmo Balancer is formulated carefully in specified proportions of Shivlingi Beej, Methi, Shilajit, and Kachnar which act together to cure missed or irregular menstrual periods, cysts in the ovaries, unexpected weight gain, hair loss, thinning of hair, and excessive body and facial hair growth by balancing the reproductive hormones in the female body.

PCOS & PCOD can turn any woman's sexual life into a nightmare as women suffering from these are often reported to have a lack of desire for sex. After long research by scholars and Ayurveda practitioners, Sheopals Harmo Balancer has been composed of a range of herbal solutions that target the root cause of hormonal imbalance and improves the body's reproductive health, and sexual functioning to boost sexual wellness. The research behind Sheopals Harmo Balancer is backed by a scientific approach and statistics.

How Sheopals Harmo Balancer's Ayurvedic Composition Cures PCOD & PCOS

Women with PCOS produce higher-than-normal levels of male hormones that prevent the ovaries from their natural functioning. The word "polycystic" in the name Polycystic ovary syndrome (PCOS) itself indicates the formation of multiple fluid-filled sacs or cysts inside the ovaries. These small cysts contain immature eggs inside them which disrupt the normal ovulation and menstrual cycles, making it harder to get pregnant. This abnormal production of androgen, disruption in the menstrual cycle, and normal female body behavior also cause unanticipated hair growth in the facial area, arms, and legs, thinning of hair in the head, and baldness on the scalp.

The Ayurvedic scriptures recommend some indigenous herbs like Shivlingi Beej, Methi, Shilajit, and Kachnar with dietary changes like reducing saturated fats, salt intake refined sugar, sugary foods, and artificial sweeteners and including more fruits, vegetables, and whole grains in daily diet. These herbs are used primarily to maintain a balance of hormones.

For instance, Shivlingi Beej helps in maintaining the right proportion of cortisol levels to cure PCOS symptoms, Methi can positively affect hormonal production of the male hormone androgen, while Kachnar and Shilajit help in regulating menstrual cycles and ovulation periods.

Sheopals Harmo Balancer is a great amalgam of these scientifically proven Ayurvedic herbs which collectively help in improving the body's natural efficiency to balance the different hormones, regulating menstrual period, ovarian health, weight distribution, and libido. Not just this balancer helps in handling the menstrual flows, and ovulation periods, and relieving muscular cramps, pain, stiffness, and discomfort but also helps in fighting urinary infections to improve fertility and the overall health of reproductive organs.

Sheopals Harmo Balancer is tried and tested by thousands of women, and customer feedback is filled with their love for this product. Ayurvedic practitioners suggest taking these capsules twice a day after meals and including fibrous green vegetables and fruits in the diet. Sheopals Harmo Balancer is also applauded by users to revert the symptoms of PCOS like abnormal growth of facial hair, weight gain, and lack of desire for sex.

Sheopals Harmo Balancer is completely safe, based on natural ingredients, and formulated following **ISO 9001:2015 standards** and customary industry practices. You can buy these products discreetly from Sheopals' official website or from all the popular e-commerce stores like Amazon, Flipkart, Snapdeal, and Meesho. Sheopals products are certified to be safe by **FSSAI**, and **GMP** and validated by the **Indian ministry of education**, research, and propagation of indigenous and alternative medicine systems - **Ayush Mantralaya**.

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