

Melissa Wilke, DC, a Chiropractor with Wilke Chiropractic

Get to know Chiropractor Dr. Melissa Wilke, who serves patients in Geneva, Illinois.



New York City, New York Feb 16, 2023 ([IssueWire.com](https://www.IssueWire.com)) - Dr. Wilke, a licensed chiropractor, is the Owner & Operator of Wilke Chiropractic in Geneva, Illinois.

Making every effort to make patients feel at home and comfortable, she treats a wide range of complaints, including back and neck pain, headaches, sleep issues, sports injuries, muscle and ligament sprains, strains, and soreness. Her treatments are specific and tailored to meet each individual patients' unique needs and situation.

Unlike conventional medicine, which focuses on attempting to treat disease once it occurs, Wilke Chiropractic emphasizes improving health in an effort to reduce the risk of pain and illness in the first place. Most people would rather be healthy and avoid illness if they could. This is one of the main reasons for the big surge in the popularity of the wellness center.

For some, Wilke Chiropractic will take them back to a place that is cozy and familiar, offering a rediscovery of health and wellness that had been previously known but long lost. For others, the journey may offer a new center, one never before experienced.

Attending McGill University in Montreal, Canada, Dr. Wilke earned her Bachelor of Arts degree in Psychology. After obtaining this degree, she wanted to continue her study in health care and considered medical school. However, in investigating chiropractic care, she found that the integrated approach to medicine made more sense. Her schooling proved as rigorous as medical school and the practice has evolved to incorporate key treatment strategies such as acupuncture, sports injury rehabilitation and prevention, various therapeutic modalities, orthotics, and other modalities to improve joint biomechanics and specific myofascial release techniques. After earning her Doctorate in Chiropractic, she continued her studies to attain her Certified Chiropractic Sports Physician credentials as well.

This manner of health care allows Dr. Wilke and her patients to achieve healthy results without the use of prescription drugs with negative side effects or surgery that can create as many problems as it solves.

She highly values her patients' relationships and the ability to positively impact their lives with a natural, pain-free alternative.

Chiropractic is a form of alternative medicine that mainly deals with the diagnosis and treatment of mechanical disorders of the musculoskeletal system, especially the spine. A chiropractor uses spinal adjustments, manipulation, and other techniques to manage patients' health concerns, including neck pain, back pain, headaches, vertigo, and a long list of other ailments and conditions. They aim to improve patients' functionality and quality of life by properly aligning the body's musculoskeletal structure and enabling the body to heal itself naturally, without the use of medication or surgery.

Learn More about Dr. Melissa Wilke:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/3634190-Melissa-Wilke-Chiropractor> or through Wilke Chiropractic, <https://www.wilkechiro.com/meet-the-doctor>

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