Get to know Family Physician & Sports Medicine Specialist Dr. Peter M. Karagozian III, serves patients in Tyler, Texas.

Peter M. Karagozian III, MD, a Family Physician & Sports Medicine Specialist with the Christus Orthopedics & Sports Medicine Institute with Christus Trinity Clinic



New York City, New York Mar 14, 2023 (<u>Issuewire.com</u>) - Dr. Karagozian III is a board-certified family physician & non-surgical primary care sports medicine specialist practicing in Tyler, Texas.

He cares for patients and athletes of all age groups at the Christus Orthopedics & Sports Medicine

Institute with Christus Trinity Clinic. His sports medicine clinic aims to encourage healthy lifestyle choices for patients with a holistic approach and address injury prevention and rehabilitation.

In his line of work, Dr. Karagozian III specializes in nonsurgical orthopedics with an emphasis on fracture management, concussion management, and a variety of musculoskeletal and nerve-related injuries and conditions. He uses both ultrasound and fluoroscopy (X-ray) guidance for injections in multiple areas of the body. These imaging modalities, when indicated, allow him to provide safer procedural care for patients to help decrease their pain from neuropathies, tendinopathies, and arthritic joints with an overall goal to maximize each patient's daily life.

He is part of a multidisciplinary group that includes physical therapy, athletic trainers, orthopedic surgery, neurology, pain management, and physical medicine and rehabilitation to help improve patient strength and conditioning as well as the quality of life.

A family doctor at heart, Dr. Karagozian III still approaches problem-solving situations from a holistic perspective. Evaluating patients as a person, not a specific problem, helps them better understand and appreciate how a particular injury or condition is affecting the patient's physical and mental health as a whole. He enjoys interacting with patients and families and aims to include them in creating a plan to target specific goals for activities of daily life and quality of life overall.

Growing up in Austin, Dr, Karagozian III graduated with his Bachelor of Science degree in Biology, Summa Cum Laude, from the University of Saint Thomas in 2013. He then went on to earn his medical degree from Texas A&M College of Medicine in 2018.

Thereafter, he performed his residency in family medicine at UT Health Science Center - Tyler in 2021, and his fellowship in sports medicine with JPS Health Network in 2022.

Throughout his training, Dr. Karagozian III has found that motivated patients who work with the doctor in forming a solution are more likely to benefit and stick to a treatment plan than if just following a doctor's recommendations. He feels very blessed and privileged to be in a position to help care for patients of all ages and backgrounds within primary care sports medicine.

Board-certified in both family medicine and sports medicine, the doctor is a Diplomate of the American Board of Family Medicine (ABFM). The ABFM is a non-profit, independent medical association of American physicians who practice family medicine and its sub-specialties.

Continuously advancing his efforts, Dr. Karagozian III is an active member of the American Academy of Family Physicians, the Texas Academy of Family Physicians, the American Medical Society for Sports Medicine, the Texas Chapter of the American College of Sports Medicine, the American Medical Association, the American College of Physicians, and the Texas Medical Association.

Family medicine is a medical specialty devoted to comprehensive health care for people of all ages. The specialist is called a family physician or family doctor. A family physician is often the first person a patient sees when seeking healthcare services. They examine and treat patients with a wide range of conditions and refer those with serious ailments to a specialist or appropriate facility.

Sports medicine is a branch of medicine that deals with physical fitness and the treatment and prevention of injuries related to sports and exercise. A sports medicine specialist is a physician with significant specialized training in both the treatment and prevention of illness and injury.

Dr. Karagozian III attributes his success to his hard-working parents and supportive family and friends. His inspirational wife, Brenda Karagozian, is also a physician. His friends and colleagues who have mentored him along this journey include program director Dr. Ryan Menard and faculty at UT Tyler Family Medicine Residency, program director Dr. Michele Kirk and faculty at JPS Sports Medicine Fellowship, and Dr. Allison Tobola and colleagues currently at Christus Orthopedics and Sports Medicine Institute.

Outside of practicing medicine, he enjoys mountain biking, kayaking, weight lifting, cinema/gaming, cooking/grilling, as well as spending time with his family and 3 Yorkies - Coco, Milo, and Otto. His favorite place to vacation in Yellowstone National Park.

Learn More about Dr. Peter M. Karagozian III:

Through his findatopdoc profile, https://www.findatopdoc.com/doctor/84027110-Peter-Karagozian-Family-Practitioner or through CHRISTUS Health, https://www.christushealth.org/find-a-doctor/peter-karagozian-60182

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Media Contact

Your Health Contact

clientservice@yourhealthcontact.com

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