

## **Harsh M. Chheda makes his debut as an author with his latest book 'The Mindful Peace'**

Young 19 Years old Boy emerging as a spiritual leader! Becomes the youngest Spiritual Author!

# The Mindful Peace

A Journey to Serenity



Harsh M. Chheda

**Mumbai, Maharashtra Mar 24, 2023 (Issuewire.com)** - Only a few people are able to get successful before even they reach their twenties and Harsh M. Chheda from Ghatkopar, Mumbai is the greatest example of that. This 19-year-old talented persona has come up with his debut literary creation, titled 'The Mindful Peace: A Journey to Serenity'. The book is masterfully crafted while focusing on the elements like Happiness, Focus, Peace, and Self-Development that can help a person deal with life and mental health issues. This book is a perfect guide for youngsters as well as young adults who are still finding the relevance of life.

Harsh M. Chheda, also known as hmckbc is one of the versatile young personas who has not only influenced the nation but the whole world. Other than being an author, he is also well revered as a motivational speaker, as well as in the fields of music and theater. What Harsh is doing at the age of 19 for the development of the Indian culture and economy is truly remarkable.

His latest book 'The Mindful Peace: A Journey to Serenity' paves a way for spiritual empowerment for every reader. This book is currently available for purchase on Amazon, Flipkart, kindle, and other platforms.

Visit [https://www.amazon.in/dp/B0BTPRJV51?ref\\_=cm\\_sw\\_r\\_apan\\_dp\\_84M32X3R0DWSR37XPE1F](https://www.amazon.in/dp/B0BTPRJV51?ref_=cm_sw_r_apan_dp_84M32X3R0DWSR37XPE1F) to know more.



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