

Alain Polynice, MD, FACS, a Plastic Surgeon with Turner Medical Arts & RevIVa Wellness

Get to know Plastic Surgeon Dr. Alain Polynice, who serves patients in California .



New York City, New York Apr 14, 2023 ([IssueWire.com](https://www.issuewire.com)) - Known as The Mommy Makeover Specialist, Dr. Polynice is a board-certified plastic surgeon whose practice is focused on cosmetic surgery of the breast and body with particular expertise in 'Mommy-Makeovers' and body sculpting.

At Turner Medical Arts, he is part of a very innovative group of physicians providing GYN care & hormone replacement therapy, plastic surgery & aesthetic procedures. He combines international training with meticulous attention to detail to provide outstanding care to his patients in Santa Barbara, California.

With a broad educational background, Dr. Polynice graduated with his medical degree from the Faculty of Medicine and Surgery at Pontificia Universidad Católica Madre y Maestra in the Dominican Republic in 1989.

Thereafter, he performed both his internship and residency in general surgery at Columbia University Hospital/Harlem Hospital in New York. He also completed a residency in general surgery at North Shore University Hospital in 1997, a burn fellowship at New York Presbyterian-Weill Cornell Medical Center in 1998, and a residency in plastic surgery at Mayo Clinic in 2000.

Completing a traveling fellowship, Dr. Polynice trained with leaders in the field throughout Australia, Europe, Asia, and South America. This has allowed him to develop a global sense of beauty and a customized approach to every patient.

With a high level of passion and personalization, he is a Diplomate of the American Board of Plastic Surgery (ABPS). The mission of the ABPS is to promote safe, ethical, and efficacious plastic surgery to the public by maintaining high standards for the education, examination, certification, and continuous certification of plastic surgeons as specialists and subspecialists.

Providing IV drips for wellness and performance as well as advanced protocols for anti-aging. Dr. Polynice established RevIVa Wellness alongside his wife, Dr. Allison Pontius, in Latham, New York. The husband-wife team is committed to replenishing the mind and body, restoring one to their best self, and improving health and overall capabilities.

"Over the last 20 years, I've been very fortunate to have a thriving and growing plastic surgery practice doing work that I am passionate about and taking care of amazing patients! A busy practice however meant a lot of stress and not a lot of time to take care of myself or dedicate to other things. Especially after I turned 50, I realized that I had to achieve a better life balance! That's when, with the help of my wife, I really started to incorporate into my life all the elements of "High-Performance Living". Now, I feel better than I did in my 30's! I have more time and more energy to focus on those things that I am passionate about" expressed Dr. Polynice.

In addition to being a Fellow of the American College of Surgeons (FACS), he is a member of the American Society of Plastic Surgeons and the American Society for Aesthetic Plastic Surgery.

Plastic surgery is a surgical specialty involving the restoration, reconstruction, or alteration of the human body. It can be divided into two main categories - reconstructive surgery and cosmetic surgery. A plastic surgeon's primary responsibility is performing surgical and non-surgical procedures, and they use a variety of reparative and reconstructive techniques to get the job done.

Fluent in 4 languages, Dr. Polynice is a licensed private pilot, an avid crossfitter, and practices the art of Korean Sword Fighting, Headong Gumdo. His favorite place to vacation is in St. Barts.

Learn More about Dr. Alain Polynice:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/528905-Alain-Polynice-Plastic-Surgeon>, through Turner Medical Arts, <https://www.turnermedicalarts.com/providers/alain-polynice-md/> or through RevIVa Wellness, <https://revivawellness.com/about>

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