

## Anna Baker's Night Nanny Agency Announced "Bump to Birth Package" on International Women's Day 2023

Anna Baker's night nanny agency has recently announced a complete solution to help and educate the first time parents. With an unmatched reputation in providing elite baby sleep and lactation consultations across Australia and worldwide.



**Sydney, New South Wales Apr 10, 2023 ([Issuewire.com](https://www.issuewire.com))** - Anna Baker's Night Nanny Agency Announced the "Bump to Birth Package" on International Women's Day 2023. This announcement was welcomed by many new parents who are worried and confused about how to carry on with the new phase of their lives. Having a baby and caring for it is something that many parents want to accomplish perfection. Anna Baker agrees with them, and this initiative was taken for those parents who look forward to learning every single detail before and after they become parents. The new service focuses on educating the parents by providing prenatal education and post-birth responsibilities. Anna Baker's [night nanny agency in Sydney](#) has come up with many new initiatives to help new parents get educated on how to take care of babies.

Anna Baker has been providing elite baby sleep and lactation guidance and consultations across Australia. Many families that needed guidance have received complete in-person training and assistance from Anna's night nanny Sydney. Mothers who have had no rest and have been overwhelmed from childbirth and struggling to maintain their daily routines have been immensely relieved after they received proper support from the night nannies who have stayed overnight at their homes to give them a good night's sleep.

The "Bump to Birth Package" includes all the work of a night nanny. The work of night nannies or night nurses includes soothing the baby back to sleep, changing or swaddling the baby, feeding on time, and caring throughout the night without disturbing the mother's sleep. After the mother gets complete rest the night nanny also educates the mother and her family on how to settle the baby into her daily routine while teaching the mother and father on how to soothe the baby at night when they have had busy daytime schedules. The package is customised according to individual family needs. As every family's

routines are different and the baby has to adapt to them gradually. Other than this, the parents also receive a 4-month sleep regression solution. If they are pre-equipped with the information on what is to come in the near future and how to sail through it smoothly.

After the training is completed there is text support that helps the family or the mother who needs to get her doubts cleared. This support can be received at any time of the day or night. Help is always available and extended to those who seek it at Anna Baker's night nannies Sydney. To get more details on packages and baby sleep consultations visit <https://sleepbaker.com/> and check for booking availability.

### **About SleepBaker:**

[SleepBaker](#) is a baby Sleep Consultancy and night nanny that helps babies and toddlers self-settle and self-soothe using practical and hands-on-approach also guiding parents on how to gradually help their baby to settle into a healthy routine. The approaches and methods are customised according to the families' requirements. They offer sleep training packages, maternity support overnight care, consultation, text support, and travel nanny facilities.

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