## **Dustin Carlson, DC, a Chiropractor with Carlson Chiropractic Clinic**

Get to know Chiropractor Dr. Dustin Carlson, who serves patients in White Bear Lake, Minnesota.



**New York City, New York Apr 5, 2023 (<u>Issuewire.com</u>) - A skilled chiropractor, Dr. Carlson has been in private practice since 2003. He is the Owner of Carlson Chiropractic Clinic, an award-winning clinic in White Bear Lake, Minnesota that provides patients with expert chiropractic care, while also helping the local community to thrive.** 

With an integrative approach to health and wellness, his objective is to get patients out of pain and teach them how to stay out of pain utilizing chiropractic, muscle therapy, rehab, and stretching.

"At The Carlson Clinic of White Bear Lake, our mission is to make a difference in you, in your health, and in our community. With passion and integrity, we provide the highest quality of natural healthcare with chiropractic, rehabilitation, and physical therapy modalities. Since 2003, we have continued our tradition of enriching our community, philanthropically donating to local charities and organizations in need" as stated on the practice's website.

Born and raised in White Bear Lake, Dr. Carlson completed his undergraduate studies at the College of Biological Sciences of the University of Minnesota. He then attended Logan College of Chiropractic in St. Louis, Missouri, where he received his Doctor of Chiropractic degree in 2003.

In addition, he has advanced training from the Spine Research Institute of San Diego and is certified in whiplash and motor vehicle injuries.

An avid golfer, Dr. Carlson is also certified to treat golf-specific injuries. With assistance from local PGA professionals, he helps patients learn a healthy golf swing.

Among his professional affiliations, he is an active member of the White Bear Lake Area Chamber of Commerce, the White Bear Lake Rotary Club, the Minnesota Chiropractic Association, and the American Chiropractic Association. He is also a Board Member of the Downtown White Bear Lake Mainstream Board.

Chiropractic is a form of alternative medicine that primarily deals with the diagnosis and treatment of mechanical disorders of the musculoskeletal system, especially the spine. A chiropractor performs chiropractic adjustments, addresses health concerns, and provides stress-relieving techniques to manage patients' health concerns, including neck pain, back pain, headaches, fatigue, and a long list of other ailments and conditions. They aim to improve patients' functionality and quality of life by properly aligning the body's musculoskeletal structure and enabling the body to heal itself naturally, without the use of medication or surgery.

Very active in the community, Dr. Carlson holds annual fundraisers for local food shelves, Toys for Tots, Humane Societies, Educational foundations, the YMCA, and many other charities.

Discovering a new level of wellness, he has been voted "Best of White Bear Lake" since 2013.

## **Learn More about Dr. Dustin Carlson:**

Through his findatopdoc profile, <a href="https://www.findatopdoc.com/doctor/3150270-Dustin-Carlson-Chiropractor">https://www.findatopdoc.com/doctor/3150270-Dustin-Carlson-Chiropractor</a> or through Carlson Chiropractic Clinic, <a href="https://carlsonchiro.net/about-us/">https://carlsonchiro.net/about-us/</a>

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