

## Kristen MacFarlane, Integrative Medicine Professional

Get to know Integrative Medicine Professional Kristen MacFarlane, who works throughout the State of Massachusetts.



**New York City, New York Nov 5, 2024 ([Issuewire.com](https://www.issuewire.com))** - Kristen is a driven and high-performing integrative medicine professional who has worked in the health and wellness, education, health information technology, and non-profit fields.

Among her many roles in Massachusetts, she is an intern at New England Integrative Health in

Cambridge, a therapeutic mentor at South Shore Behavioral Health Clinic, a pilates instructor at The Body Center, and a yoga instructor at YogaSix.

After graduating with her high school diploma from Plymouth North High School in 2004, Kristen went on to attend the University of Massachusetts Amherst, earning her Bachelor of Arts degree in Journalism and Public Relations in 2008.

Furthering her education, she graduated with both her Master of Acupuncture and Oriental Medicine & Doctorate of Acupuncture and Oriental Medicine degrees from the Pacific College of Health and Science. Kristen is now pursuing her PhD in Clinical Psychology from Saybrook University.

A dedicated health & wellness professional, Kristen is trained in tui-na, gua sha, moxibustion, and herbal remedies. She describes herself as an energetic and high-performing individual who always strives for excellence, and as a creative individual with leadership qualities in fast-paced work environments.

Acupuncture is a form of holistic medicine and a key component of Traditional Chinese Medicine. It is a technique in which thin needles are inserted into the body and in some cases, electro-stimulation is applied to gently stimulate particular regions of the body. Acupuncture is also used to maintain general health and well-being. Acupuncturists treat a variety of health concerns including women's health & fertility, autoimmune disorders, digestive disorders, joint & muscle pain, insomnia, and emotional concerns such as stress management, anxiety & depression.

**Learn More about Kristen MacFarlane:**

Through her findatopdoc profile,  
<https://www.findatopdoc.com/doctor/85018668-Kristen-MacFarlane-Acupuncturist>

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