

## **Adam Barragan, DO, FCOFP, a Family Physician with Align Direct Primary Care**

Get to know Family Physician Dr. Adam Barragan, who serves patients in Lakewood Ranch, Florida.



**New York City, New York May 12, 2023 ([IssueWire.com](https://www.IssueWire.com))** - A highly trained family physician, Dr. Barragan is the Owner of Align Direct Primary Care, located in Lakewood Ranch, Florida. He established the practice in order to provide the best, unrestricted care possible where each patients' goals are the first priority.

Pertaining to his educational pursuits, he received his Doctor of Osteopathic Medicine degree from the Edward Via College of Osteopathic Medicine, where he trained with some of the nation's most talented osteopathic physicians and learned the skills of osteopathic manipulation, which he utilizes on a daily basis to treat acute and chronic pain.

Subsequently, Dr. Barragan completed his residency in family medicine at Manatee Memorial Hospital. During his training, he worked alongside the best specialists in the area and identified the allied health professionals he trusts to send his own family to.

Distinguished as a Fellow of the American College of Osteopathic Family Physicians (FACOFP), the doctor is board-certified in family medicine by the American Osteopathic Board of Family Physicians (AOBFP). The AOBFP is an organization that provides board certification to qualified osteopathic physicians (D.O.) who specialize in delivering comprehensive primary care for patients of all ages, and genders, and addressing all parts of the body (family physicians).

Family medicine is a medical specialty devoted to comprehensive health care for people of all ages. The specialist is called a family physician or family doctor. A family physician is often the first person a patient sees when seeking healthcare services. They examine and treat patients with a wide range of conditions and refer those with severe ailments to a specialist or appropriate facility.

Originally from Maryland, Dr. Barragan was drawn to the area after spending time during his youth training at IMG Academy in Bradenton and Athletic Edge Sports in Lakewood Ranch. His family has strong ties to the area, with relatives who were members of both the world-famous Ringling Circus and the Circus Arts Conservatory in Sarasota. He currently lives close to where he practices with his wife Jess, daughter Charlize, and dog Oshie.

#### **Learn More about Dr. Adam Barragan:**

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/84882201-Adam-Barragan-Family-Practitioner>, or through Align Direct Primary Care, <https://www.alignlwr.com/About>

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