

# **Australian National Care Provides Leading NDIS Mental Health Services to Empower Individuals for a Brighter Future**

**Start to Transform Your Loved Ones Lives with Exceptional NDIS Mental Health Services for a Better Life Tomorrow.**

# Australian National Care

Provides **Leading NDIS Mental Health Services** to Empower Individuals for a  
Brighter Future

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**Sydney, New South Wales May 24, 2023 ([IssueWire.com](https://www.issuewire.com))** - The Australian National Care (ANC) is proud to announce its leading mental health support service for Australian families. Their team of experts is passionate about providing excellent care and support to your loved ones with mental health.

If your family member is managing anxiety, depression, addiction, or other mental illness, ANC offers numerous support to help them on their recovery journey. Australian National Care provides comprehensive personalise programs in Sydney designed to meet the needs of each individual.

Australian National Care provides all-in NDIS mental health services that empower and motivate individuals to achieve their full potential. Australian National Care provides counselling therapy, substance abuse, group sessions, and treatment programmes. They provide full NDIS Mental Health support options to ensure their clients receive the best possible care because they understand how difficult navigating the mental health system can be.

The team of experts at ANC is committed to helping clients every step of the way. They understand the challenges of individuals with mental illness and work closely with them to develop individualised programs for their specific needs and goals.

By focusing on empowerment, Australian National Care helps individuals to build resilience, increase shallowness and develop the talents they need to navigate their daily lives. Their [NDIS mental health services types](#) include counselling, therapy, group activities, social inclusion programs, and skills-building careers. These interventions are designed to maximise personal growth, improve mental health outcomes and help individuals live fulfilling lives.

Australian National Care creates an environment that encourages collaboration between individuals, their families, and a multidisciplinary team of professionals. Early communication is prioritised, and open dialogue is encouraged to ensure that individuals' goals and wishes are at the forefront of their care plans.

To learn more about the mental health support services offered by Australian National Care, visit their website at <https://annc.com.au/> or contact their office at 1300 315 085 or [info@annc.com.au](mailto:info@annc.com.au)

### **About Australian National Care**

Australian National Care is an NDIS Registered Provider delivering NDIS mental health services throughout Australia. Focusing on empowerment and individualised care, they offer a range of support services tailored to the specific needs of individuals with mental illness. The Australian National Care is committed to supporting mental well-being and ensuring high-quality care and support for individuals to achieve a brighter future.

## **Media Contact**

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