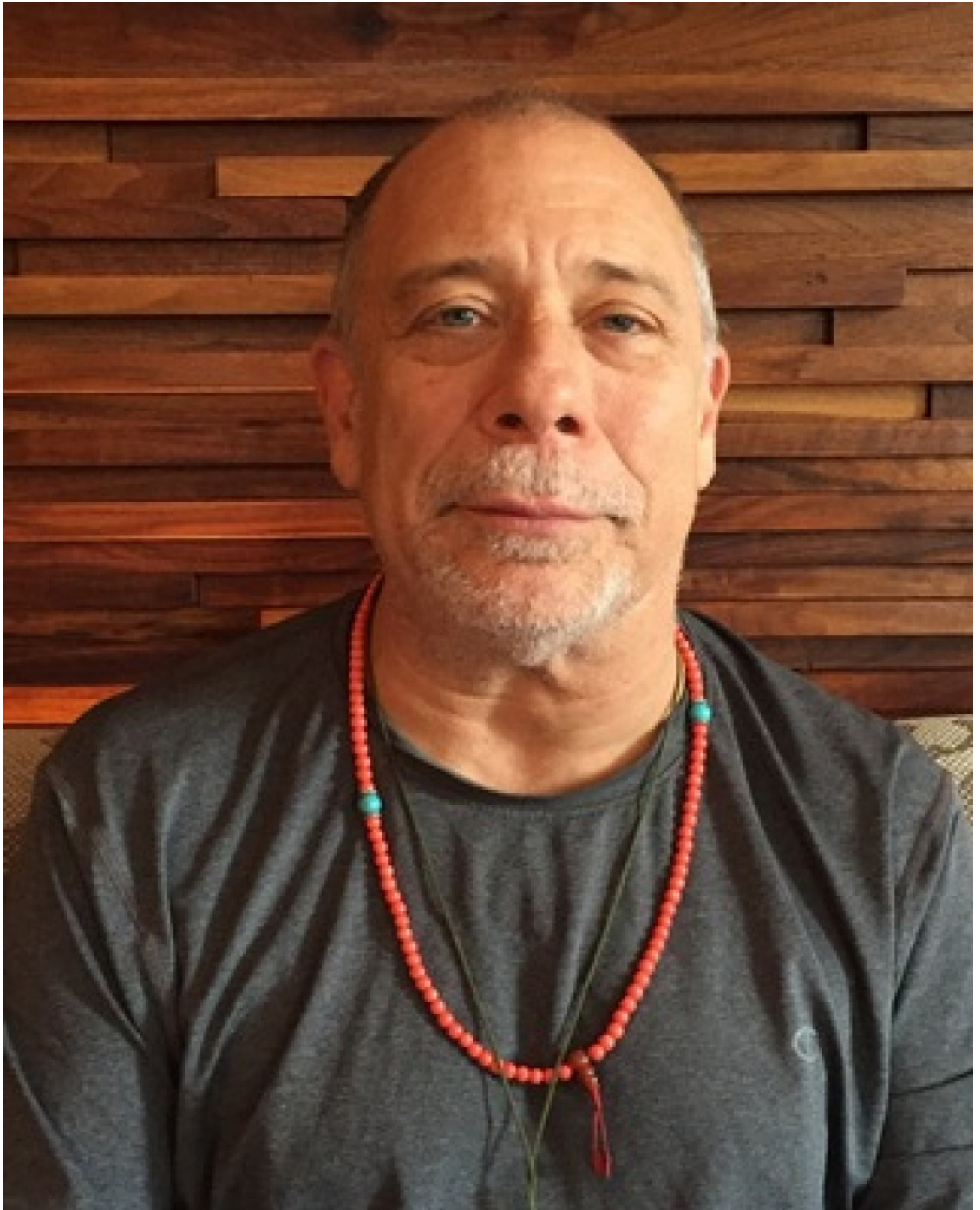


Stephen Levine, Ph.D, a Psychologist with Center for Emotional and Cognitive Well-Being

Get to know Psychologist Dr. Stephen Levine, who serves patients in Fort Mc Coy, Florida.



New York City, New York May 8, 2023 ([IssueWire.com](https://www.issuewire.com)) - Dr. Levine is a licensed psychologist, certified imago relationship therapist, and certified sex addiction therapist. He is the Clinical Director of the Center for Emotional and Cognitive Well-Being in Fort Mc Coy, Florida.

His areas of expertise include addiction, anxiety, bipolar disorder, borderline personality disorder, codependency, depression, drug abuse, elderly persons disorders, family conflict, hoarding, infidelity, narcissistic personality disorder, obsessive-compulsive disorder, parenting, personality disorders, relationship issues, self-esteem issues, sleep or insomnia, spirituality, stress, and substance use, among others.

Having been helping people for over four decades, Dr. Levine takes a very holistic approach to working with clients and customizing treatment to their specific needs. It is his experience that creating a safe, nurturing, but challenging working relationship is essential to helping people open up and develop enough trust to really be honest and explore what the issues are.

Studying psychology, Dr. Levine was mentored by some unusually gifted clinicians at the University of California, Berkeley and at the University of Illinois University of Illinois Urbana-Champaign. His internship was at the Anxiety Disorders Clinic of the University of Pennsylvania where people, feeling hopeless, came from all over the world to get help with the most difficult anxiety disorders.

With a firm foundation in cognitive behavior therapy, Dr. Levine is also a 500 hour certified yoga instructor, trained in the ancient healing meditation of Yoga Nidra, and has had years of advanced training in integrated breath therapy.

Psychology is the science of behavior and mind. It includes the study of conscious and unconscious phenomena, as well as feeling and thought. It is an academic discipline of immense scope. Psychologists assess, diagnose, and treat the psychological problems and behavioral dysfunctions resulting from, or related to, physical and mental health. In addition, they play a major role in the promotion of healthy behavior, preventing diseases and improving patients' quality of life.

Learn More about Dr. Stephen Levine:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/2907415-Stephen-Levine-Psychologist> or through his website, <https://drstephenlevine.com/>

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Source : Stephen Levine, Ph.D

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