

Eric North, The Happiness Warrior is here with a different perspective of 'Pride'



New York City, New York Aug 2, 2023 ([IssueWire.com](https://www.IssueWire.com)) - June is the month of Pride when the LGBTQ+ community celebrates and embraces their gender and sexuality. However, people are still unaware of the fact what kind of struggles one goes through to find out and establish their gender identity. Eric North takes this opportunity to redefine 'Pride' for everyone while sharing his turmoil and offering a potential dose of motivation to stay true to self. While most people consider that 'Pride' is all about festivities and parades, the true meaning is lying underneath. Eric feels, somewhere around the celebration; people are missing out on the real meaning of resonating.

As The Happiness Warrior, Eric believes that pride is a form of joyous rebellion that comes with a sense of freedom and is capable of empowering everyone. While it offers an amalgamation of self-esteem and satisfaction, pride is also something that defines a person and makes them proud of themselves. Eric says that Pride is an authentic state of being in alignment with our truth. It is universally true and simple, yet there is so much unnecessary struggle and complexity in it. Eric questions why humans are living in fear of who they really are. To find out the answer, he has to look back at the series of traumatic events that he has to go through until he really found himself, free and proud.

Eric had to struggle in his childhood as he often felt confused and disconnected, which turned him distant. In order to relieve his parents from the shame of having a bad kid, Eric actively tried to change his behavior to please others. His father was emotionally abusive and that made Eric refrain even more about his real identity and who he really was. Similarly, there was his father's friend Garry who made Eric shrink in fear with stories of beating women and gay men. The misogynistic womanizing air in the house was quite suffocating for him. Eric carefully kept himself hidden until he went to college and could finally address his sexuality without any fear or shame. Though school treated him normally, deep within he knew there was no place for him. In order to save himself and his pride, Eric went out after graduation, and through all these years of practice; he finally become The Happiness Warrior.

It is not just Eric but he knows that many men and women in that era were confused and unhappy and what triggered it even more is the societal prejudice of violence and hatred. As a result, most individuals could find themselves indulged in years of self-loathing and destructive behavior. Eric could never understand the meaning of pride and just like others as most people were discriminated against and made feel guilty and shameful about their gender identity. In the late '70s, the "me" generation emerged and brought a time of sexual liberation to society. The social landscape was quickly changed with Birth control, a forgotten war, and gay rights. As a result, more people like Eric started to find out and embrace their true gender identity without any fear or shame. From the cringe, rigid and misogynistic society to the acceptance of the LGBTQ+ community; the path was not easy and Eric has witnessed it all. Now he believes that a better life is always waiting for all on the other side, all it takes is to step forward.

The constant sense of shame and embarrassment for not living up to the truth can be very disheartening and can lead a person to an existential crisis. Therefore, it is necessary for everyone to find out for themselves and stick to their true identity. When a person does not trust in self fully, there will be many missed choices and opportunities. Eric has witnessed that first-hand and now is paving the way for everyone to embrace themselves while achieving true happiness in life. It takes a lot of consistency, determination, and struggle to stay on the right path but it is also true that difficult experiences can make a person braver and more confident. Winning the battle within, Eric became the Happiness Warrior who

speaks for and is ready to fight for all. He is showing the route where humans live in pride, free of self-defeating talk and negative emotions.

As the Happiness Warrior, Eric North speaks for every single one of the struggle individuals around the world as he believes in unifying power rather than something very exclusive. The key lies in keeping an open mind and heart that helps to take pride in their ability to be understanding without judgment. The power of self-love and reinvention offers a sense of pride that makes humans believe in themselves. In this pride month, Eric has decided to redefine 'Pride; for everyone to which all can relate without being a part of any exclusive group. Happiness is greater when it is shared by all and Eric proves that again. Learning how to think freely and advocating for the acceptance of others can turn anyone into a better person. And Eric is offering all the effective tools and practices to embark on the journey.

Eric knows that everyone can take pride in themselves when they know the difference between living their own lives for own selves instead of others. He shows that path that can help everyone raise their self-esteem while finding the 'perfect' version of every individual. It is the only path to true happiness which now can be easily gained as everyone can be more visible and heard in this era. Pride isn't something that one group holds alone, but something that can unify everyone together. Eric believes that every individual can have more pride when they are able to realize the connections in their lives that draw humans together. The happiness gets greater magnitude when self-esteem rises and people can actually value themselves for who they really are. Celebrate this Pride month and connect with the Happiness Warrior at <http://www.thehappinesswarrior1.com/>.

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