

Get to know Psychologist Dr. Stephanie M. Vega-Molina, who serves patients in Texas.

Stephanie M. Vega-Molina, PhD, a Psychologist with Baylor Scott and with White Medical Psychology Consultants at Baylor University Medical Center



New York City, New York Jun 19, 2023 ([IssueWire.com](https://www.IssueWire.com)) - Dr. Vega-Molina is a licensed clinical psychologist in the state of Texas. She currently works at Baylor Scott & White Medical Psychology Consultants within Baylor University Medical Center as a generalist within consult liaison. She is also part of a multidisciplinary team in the Alcohol Liver Disease Clinic (ALD), and assists with establishing

mental health care to high-risk relapse patients. Dr. Vega-Molina also works with Oncology Clinics across Dallas, including Texas Oncology.

Offering compassionate and quality care, Dr. Vega-Molina strives to help patients cope with significant life changes associated with major medical events such as surgery or traumatic injury. She has experience in diagnosing and providing treatment for patients with comorbid chronic physical illnesses and mental health conditions. Her main specialties include health psychology, trauma/PTSD, and pre-surgical psychological evaluations.

Academically, Dr. Vega-Molina holds a Bachelor's degree from the University of Puerto Rico, with a major in Psychology and a minor in Human Geography. She then graduated from Carlos Albizu University in San Juan with a Master's degree and Doctorate (Ph.D) in Clinical Psychology.

Furthering her training, she completed her pre-doctoral internship in Health Service Psychology at G.V. (Sonny) Montgomery VA Medical Center in Jackson, Mississippi. She also completed a postdoctoral fellowship in Clinical Health Psychology at the University of Florida (UF), specializing in pre-surgical evaluations for transplant patients (e.g. Bone Marrow, Lung/Heart/VAD and Kidney), also with bariatric surgery patients and psycho-oncology.

Passionate and dedicated to her line of work, Dr. Vega-Molina has taken specialty courses in Neuropharmacology and Attachment at Harvard University. She has also worked as a mentor in research with high school student minorities (STEP-UP Program) at the National Institutes of Health.

Certified as a Dancing Mindfulness Facilitator, Dr. Vega-Molina enjoys incorporating mindfulness into clinical practice.

Psychology is the science of behavior and mind. It includes the study of conscious and unconscious phenomena, as well as feeling and thought. It is an academic discipline of immense scope. Psychologists assess, diagnose, and treat the psychological problems and behavioral dysfunctions resulting from, or related to, physical and mental health. In addition, they play a major role in the promotion of healthy behavior, preventing diseases and improving patients' quality of life.

In research, Dr. Vega-Molina has published on exploratory themes, psychological/ personality profiles in minorities, empathy, cognitive geography, and biopsychosocial-spiritual approaches. She has been published in both English and Spanish peer-reviewed journals such as Perspectives of Psychological Science, Social Behavior Research and Practice, and Revista Caribeña de Psicología.

Bilingual, she is fluent in both English and Spanish.

Learn More about Dr. Stephanie M. Vega-Molina:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/83904794-Stephanie-Vega-Molina-Psychologist> or through Baylor Scott & White Health, <https://www.bswhealth.com/stephanie-vega-molina>

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