

## Ron Page Counselling Introduces Emotionally Focused Therapy (EFT) for Couples



**Ontario, Canada Jun 21, 2023** ([Issuewire.com](https://www.issuewire.com)) - Renowned therapeutic service provider, Ron Page Counselling, has announced the addition of [Emotionally Focused Therapy](#) (EFT) to their expansive suite of counselling services. This innovative therapy method marks a significant step in their continuous efforts to support couples in strengthening their emotional bonds and fostering healthier relationships.

EFT, a leading-edge approach in the field of psychotherapy, is based on the premise that emotions are integral to identity and a key force in decision-making processes. With EFT, Ron Page Counselling is bridging the gap between personal feelings and interpersonal relationships, aiding couples in addressing underlying emotional patterns that contribute to relational distress.

### A New Direction in Emotional-Based Couples Therapy

With its introduction of EFT, Ron Page Counselling is at the forefront of emotional-based couples therapy. EFT allows couples to move away from destructive patterns, creating a secure bond and fostering emotional responsiveness among partners.

"EFT aligns with our core belief that understanding and valuing emotions can foster healthier, more fulfilling relationships," said Ron Page, the company's founder and primary counsellor. "With this therapy, we provide our clients with the tools they need to create lasting and positive changes in their relationships."

### Commitment to Sustainable Relationship Growth

EFT is backed by extensive research showcasing its effectiveness in various relational scenarios. At Ron Page Counselling, complements the existing suite of therapeutic services and reaffirms the company's commitment to providing effective, research-backed approaches to relationship counselling.

The team at Ron Page Counselling is excited about the opportunities this presents to their clients. Emotionally focused therapy underscores the commitment of Ron Page Counselling to support clients in achieving sustainable growth in their relationships.

### About Ron Page Counselling

Ron Page Counselling is a reputable therapeutic service provider specializing in couples and individual therapy. With years of experience and a commitment to supporting clients in their journey towards healthier relationships, Ron Page Counselling offers a safe, confidential space for exploring emotions and challenges.

For more information about Emotionally Focused Therapy or to schedule a consultation, please visit <https://ronpagecounselling.com>

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