

Cynthia Cruz, a Licensed Clinical Professional Counselor with C2 Counseling

Get to know Licensed Clinical Professional Counselor, Cynthia Cruz, who serves patients in Chicago, Illinois.



New York City, New York Jul 17, 2023 ([IssueWire.com](https://www.IssueWire.com)) - A licensed clinical professional counselor, Cynthia works with patients at her private practice - C2 Counseling - in Chicago, Illinois. She is intimately familiar with how stress can impact a person's academic, social, and emotional life. Her areas of specialization include conduct disorder, anxiety, depression, relational issues, and trauma.

After graduating with her Bachelor of Arts degree in Psychology from DePaul University, she went on to further her training by completing her Master of Science degree in Clinical Counseling at the Chicago School of Professional Psychology.

On a professional level, Cynthia is an active member of the Illinois Counseling Association.

A licensed clinical professional counselor (LCPC) is a professional who has been qualified to provide psychotherapy and other counseling services. LCPCs, like Lisa, are trained to work with individuals, families, and groups to treat mental, behavioral, and emotional problems and disorders.

Learn More about Cynthia Cruz:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/81276939-Cynthia-Cruz-Counselor-Therapist> or through C2 Counseling, <https://www.c2clinic.com/>

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