

Flavia C. Soto, MD, FACS, FASMBS, DABOM, a Bariatric Surgeon with IBI Healthcare

Get to know Bariatric Surgeon Dr. Flavia C. Soto, who serves patients throughout the State of Florida.



New York City, New York Jul 18, 2023 ([IssueWire.com](https://www.issuewire.com)) - An accomplished bariatric surgeon, Dr. Soto is affiliated with IBI Healthcare, tending to patients in both Tampa and Hudson, Florida. She has extensive experience and proficiency in performing various procedures, including Roux-en-Y gastric bypass, gastric bands, and laparoscopic sleeve gastrectomy. Her surgical skills combined with her empathetic approach have helped numerous patients achieve significant weight loss and improve their

overall health and well-being.

Originally from Argentina, she earned her medical degree from the Universidad Nacional de la Plata in 1998. Upon relocating to the United States, she completed her residency in general surgery at St. Vincent's Hospital in 2010, before completing her fellowship in bariatric surgery / MIS at the prestigious Cleveland Clinic in 2011.

Distinguished as a Diplomate of the American Board of Obesity Medicine (DABOM), Dr. Soto is a Fellow of both the American Society for Metabolic and Bariatric Surgeons (FASMBS) and the American College of Surgeons (FACS). She also possesses a deep understanding of Diversity, Equity, and Inclusion (DEI) principles, making her a well-rounded and compassionate medical professional.

During her career, she held the esteemed position of Diversity Officer, where she played a pivotal role in promoting inclusivity and creating a diverse and welcoming healthcare environment. She took charge of developing a multidisciplinary team that focused on delivering Patient-Centered Care, ensuring that each individual's unique needs and circumstances were thoroughly considered and addressed. In addition, she serves as a Navy Reserve Officer, exemplifying her dedication to serving her country and community.

Bariatric surgery (or weight loss surgery) includes a variety of procedures performed on people who are obese. Long-term weight loss through Standard of Care procedures (Roux en Y Bypass, Sleeve Gastrectomy, and Biliopancreatic Diversion with Duodenal Switch) is largely achieved by altering gut hormone levels that are responsible for hunger and satiety, thereby leading to a new hormonal weight set point. A doctor who specializes in this type of surgery is known as a bariatric surgeon.

Learn More about Dr. Flavia C. Soto:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/1096898-Flavia-Soto-Surgeon> or through IBI Healthcare, <https://www.ibihealthcare.com/providers/dr-flavia-soto/>

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