

## **Kali Nordin, PT, DPT, CCS, a Physical Therapist with BreatheSuite, Inc.**

Get to know Physical Therapist Dr. Kali Nordin, who serves patients throughout the State of Arizona.



**Dr. Kall Nordin, PT, DPT, CCS**  
Physical Therapist

**New York City, New York Jul 9, 2023 ([IssueWire.com](https://www.issuewire.com))** - Kali is a skilled physical therapist and board-certified cardiovascular & pulmonary clinical specialist. She is currently a part of the coaching team at BreatheSuite, Inc.

Since 2018, the primary goal of BreatheSuite has been to help people with respiratory problems live healthier lives. Dr. Nordin played an important role in helping to develop BreatheSuite's new virtual pulmonary rehab program which aims to capture all of the best practices from in-person rehab to promote improved mobility and quality of life for those with lung conditions by reducing symptoms and activity limitations through exercise and self-management education. In turn, this keeps their health condition as stable as possible to prevent and/or better manage future exacerbations and improve their overall quality of life.

At Northern Arizona University, Kali graduated with her Master of Science degree in Biology - Exercise Science, and her Doctor of Physical Therapy degree in 2017.

Certified through the Arizona State Board of Physical Therapy, her background is with managing a variety of heart and lung conditions, but most notably her time spent working alongside patients pre- and post-lung transplant. Her passion is centered around partnering, encouraging, and guiding patients with chronic heart and lung conditions to achieve a better quality of life.

On a professional level, Kali is an active member of the American Physical Therapy Association and participates as an adjunct instructor for several graduate-level physical therapy schools throughout the state of Arizona.

Physical therapy (PT), also known as physiotherapy, is one of the allied health professions that, by using evidence-based kinesiology, exercise prescription, joint mobilization, and health education, treats conditions such as chronic or acute pain, soft tissue injuries, gait disorders, and physical impairments typically of musculoskeletal, cardiopulmonary, neurological, and endocrinological origins. Physical therapy is used to improve a patient's physical functions through physical examination, diagnosis, prognosis, physical intervention, rehabilitation, and patient education.

#### **Learn More about Dr. Kali Nordin:**

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/85019194-Kali-Nordin-Physiatrist-Physical-Medicine> or through BreatheSuite, Inc., <https://www.breathesuite.com/meet-the-team>

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