

Liliana L.C. Calkins, DDS an Orthodontist with Sunrise Orthodontics

Get to know Orthodontist Dr. Liliana L.C. Calkins, who serves patients in Reston, Virginia.



New York City, New York Jul 21, 2023 ([IssueWire.com](https://www.issuewire.com)) - As an internationally trained specialist in orthodontics, Dr. Calkins' focus for patients seeking treatment in the orthodontic profession is to understand and treat the causes and pathology of prevalent malocclusions.

As a doctor trained in craniofacial development, she is correlating the detrimental environmental effects that impact the growth of the craniofacial-respiratory complex.

At Sunrise Orthodontics, patients are evaluated to discern the underlying causes of their malocclusion. Dr. Calkins has witnessed dramatic and progressive changes in the masticatory system; when facial muscles are weak, anatomical structures are poorly developed along with a compromised airway. Her philosophy of treatment is an integral health approach, to educate patients about the intricacies of manifested malocclusion.

Her areas of service include nasoalveolar molding for newborns with cleft lip and palate, cleft lip and palate treatment, orthodontics for children and adults, craniofacial orthopedics early intervention program, orofacial myofunctional therapy, sleep-disordered breathing (sleep apnea) in adults and children, temporomandibular joint evaluation and treatment, cardiorespiratory coupling screening, and digital intraoral sleep appliance calibration and insertion.

Growing up in Mexico City, Dr. Calkins received her Doctor of Dental Surgery degree from the National Autonomous University of Mexico in 1991. Thereafter, she completed advanced training in orthodontics and dentofacial orthopedics at Howard University in Washington D.C.

Her international background and training allow her to implement techniques used around the world in the management of orthopedics, myofunctional therapy, and orthodontics. She has been trained by the best minds in the profession and care systems. Usually, acquiring knowledge from the doctors who invented a technique, diagnosis, or treatment modalities directly.

Attributing her success to her training and continued education, Dr. Calkins is a Diplomate of the American Board of Orthodontics (ABO). The ABO is

Every year, Dr. Calkins completes many hours of continuing education. In addition to attending numerous lectures, seminars, and conferences, she participates in the Damon® and Insignia™ Forums, and is part of the Spears Study Group and the Northern Virginia Orthodontic Study Club.

With the constant changes in orthodontic and dentofacial orthopedic treatments and technologies, it is essential she remains current. Her patients trust her to provide the highest level of care; continuing education ensures she exceeds their expectations.

Belonging to the most prestigious professional affiliations, Dr. Calkins is a distinguished member of the American Association of Orthodontists, the American Cleft Palate-Craniofacial Association, the Dawson Academy, the American Academy of Dental Sleep Medicine, the Piper Education and Research Center, Spear Education, the European Orthodontic Society, the Japanese Orthodontic Society, the International Association of Dentists, the Academy of Orofacial Myofunctional Therapy, the International Association of Orofacial Myology, the Virginia Academy of Sleep Medicine, and the Virginia Academy of Dental Sleep Medicine.

Orthodontics is a specialty of dentistry that deals with the diagnosis, prevention, and correction of malpositioned teeth and jaws. Orthodontists are responsible for identifying problems with the positioning of a patient's teeth and with their oral development. They utilize the most advanced procedures and

equipment available to ensure that every patient achieves a healthy and beautiful smile.

Charitable to various organizations, Dr. Calkins is an avid supporter of Tysons Youth Center and Girls on the Run where she not only donates but also participates in marathons for the organization.

In recognition of her many professional achievements, Dr. Calkins was the honorary recipient of the International Association of Dentist-Patient Choice Award and named Northern Virginia Magazine Top Dentist 2016.

When asked about what keeps her in her profession, she stated, “My passion for learning and improving the quality of life of our patients.”

Outside of the office, Dr. Calkins enjoys traveling, honoring God at St. Luke Catholic Church, spending quality time with her family, hiking, kayaking, and playing the violin. She is married with two blessed children.

Learn More about Dr. Liliana L.C. Calkins:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/8137798-Liliana-Calkins-Orthodontist> or through Sunrise Orthodontics, <https://sunrise-orthodontics.com/about-us/our-team/liliana-calkins-dds/>

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FindaTopDoc is a digital health information company that helps connect patients with local physicians and specialists who accept your insurance. Our goal is to help guide you on your journey toward optimal health by providing you with the know-how to make informed decisions for you and your family.

Media Contact

Your Health Contact

clientservice@yourhealthcontact.com

Source : Liliana L.C. Calkins, DDS

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