

## **Zalika Nisbeth, MD, a Family Physician with FL Peach Direct Primary Care**

Get to know Family Physician Dr. Zalika Nisbeth, who serves patients in Georgia.



**New York City, New York Jul 28, 2023 ([IssueWire.com](https://www.IssueWire.com))** - A trusted family physician, Dr. Nisbeth is dedicated to making equal quality essential healthcare more accessible to all. She serves individuals at her private practice, FL Peach Direct Primary Care, in Savannah, Georgia & Jacksonville, Florida.

“Inspire the greatness that is inside of us to awaken. Motivate us to become the best version of ourselves. Educate to improve health literacy. Empower us to reach a point of transformation and healing from the inside out, one person, one family, one community, one nation at a time” according to the mission statement on her website.

Specializing in treating skin of color, Dr. Nisbeth also performs laser hair removal in her office. The Lazer Hair Removal Boutique aims to help men and women achieve inner and outer beauty by delivering safe and effective laser hair removal for all skin types.

As a woman of color, supporting other men and women of color facing challenges and embarrassment associated with hair growth, including women with male-patterned facial hair known as hirsutism, skin conditions including those induced by ingrown hairs such as acute folliculitis and pseudo barbae folliculitis, hyperpigmentation, hidradenitis suppurativa, and pilonidal cyst recurrence reduction, is of great importance to her.

A proud West Indies - Southern bred native, Dr. Nisbeth was born in Atlanta, Georgia and raised in Jacksonville, Florida. Throughout her entire life, she had always had an ambitious desire to be of service to others and add value to the world in some impactful way. For those reasons, she spent most of her life striving to become a medical doctor.

A graduate of Meharry Medical College, Dr. Nisbeth completed her residency in family medicine at Ascension St. Vincent's Family Medicine Center in Jacksonville. She became a family medicine physician because she wanted to be a resource and provider of the most essential care to as many people as possible, especially family, friends, and her local community.

However, early in her career, Dr. Nisbeth became disappointed in the medical profession and healthcare system. When she stepped away in 2021, she founded I AM Dr. ZEE, incorporated to reclaim who and what she is here to do, which is I-nspire, M-otivate, E-ducate, and E-mpower one person, one family, one neighborhood, one community, and one nation at a time.

Passionate about the care she provides and how it can impact and transform lives, Dr. Zee's approach to healthcare and laser hair removal services is patient-focused, ensuring that everyone is receiving the best possible care possible.

Delivering healthcare that heals and transforms lives, she is board-certified in family medicine by the American Board of Family Medicine (ABFM). The ABFM is a non-profit, independent medical association of American physicians who practice in family medicine and its sub-specialties.

Family medicine is a medical specialty devoted to comprehensive health care for people of all ages. The specialist is called a family physician or family doctor. A family physician is often the first person a patient sees when seeking healthcare services. They examine and treat patients with a wide range of

conditions and refer those with serious ailments to a specialist or appropriate facility.

When not practicing medicine, Dr. Nisbeth finds pleasure in playing golf, tennis, and gardening. Her preferred vacation destination includes places with beautiful beaches, and she particularly enjoys reading Scientific American as her favorite professional publication.

**Learn More about Dr. Zalika Nisbeth:**

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/1208878-Zalika-Nisbeth-Family-Practitioner> or through her website, <https://iamdrzeeincorporated.com/about/>

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