

Dr. Gary M. Freudenthal, PsyD Licensed Clinical Psychologist Practice: I-BOS Counseling (iboscounseling.com)

Get to know Psychologist Dr. Gary M. Freudenthal, who serves patients in SW Florida including Lee, Collier and Charlotte Counties.



New York City, New York Aug 1, 2023 ([IssueWire.com](https://www.issuewire.com)) - A licensed clinical psychologist, Dr. Freudenthal is happy to be a part of IBOS-Counseling. IBOS is owned by Katherine A. Lowry, M.S., Ed. and has a total of 22 psychotherapists. At I-BOS (Inner Belief Outer Strength) Counseling, LLC. He along with the other therapists help people of all ages. I-BOS is a very diverse treatment center.

In his role as a Psychologist, he helps to assist residents of Cape Coral, Fort Myers, Naples, and other neighboring towns in Florida. He is committed to guiding his patients in their psychological growth and evolution, and believes that everyone can benefit from a little help now and then. He believes strongly that with the help of psychotherapy one can heal the mind, body and spirit, He assists his patients in learning that together: "Teamwork Makes The Dream Work".

Born and raised in the Midwest, Dr. Freudenthal pursued his education and professional journey with a strong focus on clinical psychology. He earned his Bachelor of Arts degree in Psychology from the University of Cincinnati in 1981, followed by a Master of Arts degree in Clinical Psychology from Roosevelt University in 1989. Later, in 1992, he achieved his Doctoral degree in Clinical Psychology from The Chicago School of Professional Psychology.

His educational path included a doctoral residency at St Francis Hospital in Hartford and Marlborough, Connecticut, and a postdoctoral fellowship at Hospitals in The Yale University System. This fostered his love for the East Coast. Settling in Connecticut, he established his career and raised his family there. He feels blessed to have had such a picturesque setting.

In 1995, Dr. Freudenthal became a licensed clinical psychologist and assumed significant roles in New Haven, CT. These included, serving as Clinical Director of Psychiatric Services at East Haven Counseling Center and later becoming Clinical Director of The Yale University and The St. Raphael's Hospital's Institute for Better Health's, Eating Disorders Program. He later served as Clinical Director of Adolescent Services at Stonington Institute before moving back to Ohio to hold the position of Medical Department Chair at Southern Ohio University for four years.

While in Connecticut, Dr. Freudenthal dedicated himself to his private practice on the scenic Connecticut Shoreline from 1984 to 2011, and also engaged in geriatric consultation work. He led seminars and educated staff, families, and residents about Alzheimer's disease and dementia. He played a key role in helping many nursing homes transition to memory care centers, and conducted lectures and seminars on psychological issues and various treatment-related topics in multiple states. Often during his lunch hours he walked the beach and breathed in the sea air. He knows Self Care is essential to psychologists and others in the helping professions. It keeps one sharp, energized and it staves off job burnout.

Since relocating to Cape Coral, Florida, Dr. Freudenthal has enjoyed teaching as an Associate Professor of Psychology at Edison State College/Florida Southwestern College. At both the Lee and Charlotte Campuses, he teaches courses such as Introduction to Psychology, Advanced Psychology, Interpersonal & Social Adjustment, and Human Growth & Development.

In addition to his teaching role, he was fortunate to practice psychology alongside Dr. Stephen F. Scholle, MD, PhD, at Beach Mental Health Services on Fort Myers Beach. Together they helped countless Ft Myers Beach residents improve their physical, mental, and spiritual health. Currently he specializes in treating adults with PTSD, Anxiety and Depression. He feels that IBOS is helping the Lee,

Collier and Charlotte County residents pull their lives back together after The Pandemic and Hurricane Ian.

He believes that: “Happiness is a Right, Not a Privilege”. As many of Dr. Freudenthal’s patients would tell you Doc G, as they affectionately refer to him, has two mantras. One mantra is: “Inner Peace and Contentment is Highly Attainable”. And the second mantra is: “You may only be one person in this world....but you may also mean the world to one person. So be the best role-model you can be”. Doc G reminds his patients of these mantras weekly.

Psychology is the science of behavior and mind. It includes the study of conscious and unconscious phenomena, as well as feeling and thought. It is an academic discipline of immense scope. Psychologists assess, diagnose, and treat the psychological problems and behavioral dysfunctions resulting from, or related to, physical and mental health. In addition, they play a major role in the promotion of healthy behavior, preventing diseases and improving a patients’ quality of life.

Learn More about Dr. Gary M. Freudenthal:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/2665442-Gary-Freudenthal-Psychologist> or through I-BOS Counseling, <https://www.iboscounseling.com/index.php/who-are-we/> or call the referral specialist Mia Castillo at 239-826-1216.

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Source : Dr. Gary M. Freudenthal, PsyD

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