

Dr. Tabatha Russell highlights Helen Cummings Henry as a Top Transformational Speaker to Watch

Changing Lives One Soul at a Time



Columbia, South Carolina Sep 26, 2023 ([IssueWire.com](https://www.IssueWire.com)) - In the bustling world of non-profits and global movements, few shine as luminously as Helen Cummings-Henry. This Trinidad and Tobago native has not only reshaped her destiny but has transformed countless lives worldwide, with a mission centered on unlocking the innate talents of individuals.

As the co-founder and Senior Vice President of Righteous Uplifting Nourishing International, Inc., Helen Cummings-Henry has made it her life's mission to uplift souls. The global non-profit, under her guidance, fervently believes in changing lives, one person at a time.

While her professional accolades are many, it is perhaps her personal journey that stands out most prominently. As a single mother, Cummings-Henry has successfully raised two sons, who now hold prestigious positions in leading corporations. It's a testament to her perseverance, dedication, and the belief that nurturing the individual can lead to transformative societal change.

Author, playwright, and podcaster is just a few of Helen's talents that knows no bounds. As an accomplished author of three books, her most recent title, "Transforming Lives: A Three Step Guide in Becoming a Better You," gave birth to the "Transforming Lives" podcast. Here, listeners are treated to heartwarming tales of individuals recounting their transformative journeys.

Moreover, her artistry shines in her one-woman play, "This is my Story," in which she chronicles her evolution from a timid girl in Trinidad and Tobago to the dynamic changemaker she is today.

Empowerment through faith perhaps one of her most noteworthy contributions to the global community is the founding of "Women on the R.U.N. for Jesus." This initiative is a beacon of light for women around the world, offering spiritual nourishment and empowerment through biblical principles. Many hail her as their spiritual mother, a testament to her vast influence and reach.

Recognition on Global Platforms alongside her husband, Tarrent-Arthur Henry, Helen's relentless efforts to foster positive change have not gone unnoticed. The duo was recently celebrated in Success Magazine's notable list of 125 influential figures, further cementing their status as global leaders. Helen Cummings-Henry used her gift as a speaker to deliver a heart stirring message to the audience at the Powerful on Purpose Summit in Columbia, SC. Not to mention that her work has been featured on news platforms such as ABC, NBC, FOX and CBS for her notable work that she does to help people transform their lives.

Helen Cummings-Henry affectionately known as "The Transformation Lady" is not just a name but a movement, a story of resilience and unwavering faith. As she continues her mission, the world watches, inspired by her commitment and the tangible change she brings about in countless lives.

Website: helench.org

Email: info@helench.org

Facebook: <https://www.facebook.com/helenjc08>



Media Contact

Helen Cummings Henry

info@helench.org

Source : Legacy Pioneers Publishing

[See on IssueWire](#)