

Angela D. Williams Tells Women to B.O.S.S. Up &, Win



Dallas, Texas Oct 2, 2023 ([IssueWire.com](https://www.issuewire.com)) - Angela D. Williams, notable mindset coach, and best-selling Amazon author, is on a personal and faith-based mission to help Christian women shift their mental perspective and transform their lives and B.O.S.S. UP. Through online classes, videos, and books, Williams teaches her clients, female nine-to-five entrepreneurs, how to use the ABCs of Shifting Your Mindset—Awareness and Accountability, Beliefs and Breaking Point, and C-Confession and Courage.

“Too often, businesswomen struggle with their true identity by limiting beliefs, lack of purpose, comparing themselves to others, over-thinking and undervaluing themselves,” Angela Williams said. “These women know they’re called to do more, but they’re afraid to embrace the vision God has given them.”

Williams’ has authored three popular books that extend a hand of support, strength, and an opportunity for readers to unlock their inner superpowers:

- The “B.O.S.S. UP Mindset Journal” motivates readers through 50 prompts to help them focus on a goal and develop a favorable outcome.
- “Hush” is a journaling experience to help silence negative inner voices. The book uses cognitive behavior techniques (CBT) and spiritual principles to help readers modify dysfunctional emotions and thought processes.
- “B.O.S.S. UP Prayer Activations: The Mindset Edition” is a book of radical prayers based on scriptural references to eradicate self-sabotaging beliefs.

“I want readers to walk away from my books knowing that anything is possible,” Williams said. “Women can use simple steps to change their lives. They can also find clarity and the strength to overcome their personal challenges. I want women to learn how to free themselves to pursue their God-given purpose and achieve.”

Williams is co-authoring a new book on mental health, and the release date is to be determined.

Her books are for sale on Amazon and at her online book at <https://payhip.com/AngelaMotivates>. In addition, readers are welcome to sign up for a personal coaching session with Williams at <https://app.acuityscheduling.com/schedule.php?owner=14260444>.

About Angela D. Williams

Angela D. Williams is a warm, intuitive, and highly sought-after mindset coach and speaker. Her company, Angela Williams Global LLC., was founded in 2020 in Texas. Williams holds a Master of Science in psychology and a certification in CBT. Her God-centered approach helps businesswomen of all backgrounds grow and succeed. She enjoys practicing self-care, reading self-help books, praying, traveling, and hanging out with friends and family.

When Williams isn’t writing, she creates motivational videos for her YouTube channel and operates an online coaching website entitled “Angela Motivates.” Follow Williams on Pinterest (@anjelfase1), YouTube (@angelamotivates4549), Instagram (@angelamotivates) and Facebook (Angela Williams).

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