

Derek Lamb, DC, a Chiropractor with Lamb Chiropractic CNY

Get to know Chiropractor Dr. Derek Lamb, who serves patients in New York.



New York City, New York Oct 5, 2023 ([IssueWire.com](https://www.issuewire.com)) - A licensed chiropractor, Dr. Lamb specializes in enhancing the well-being of his patients by addressing and managing neuromusculoskeletal conditions. He is the Owner of Lamb Chiropractic CNY, which operates from locations in Cazenovia and Brewerton, New York.

Driven by a commitment to providing safe, compassionate, and individualized care to improve functionality and overall quality of life, Lamb Chiropractic CNY offers evidence-based care. Whether the issue pertains to nerves, muscles, or joints, their approach is designed to assist patients in returning to their beloved activities, promoting a healthier and more active lifestyle.

Growing up in Central New York, Dr. Lamb is the son of two chiropractors. He earned his Bachelor of Science Degree in Biology from SUNY Brockport, after which he obtained his Doctorate of Chiropractic from New York Chiropractic College in 2023.

Having spent his life around the profession, Dr. Lamb is committed to sharing what he has learned with his patients. Through a holistic approach to chiropractic, he creates educated patients who are active participants in their healthcare.

“I believe that health and wellness are not defined merely by the absence of pain. Rather, the ability to continue to do the things you love, with the people you care about, through all life’s stages is a key factor in true well-being” says Dr. Lamb.

Chiropractic is a form of alternative medicine that mainly deals with the diagnosis and treatment of mechanical disorders of the musculoskeletal system, especially the spine. A chiropractor uses spinal adjustments, manipulation, and other techniques to manage patients’ health concerns, including neck pain, back pain, headaches, vertigo, and a long list of other ailments and conditions. They aim to improve patients’ functionality and quality of life by properly aligning the body’s musculoskeletal structure and enabling the body to heal itself naturally, without the use of medication or surgery.

Learn More about Dr. Derek Lamb:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/85019576-Derek-Lamb-Chiropractor> or through Lamb Chiropractic CNY, <https://lambchiro.com/about-us/>

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Media Contact

Your Health Contact

clientservice@yourhealthcontact.com

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