

## **Ellen Mellow, MD, FAAC, a Cardiologist/Internist in Private Practice**

Get to know Cardiologist/Internist Dr. Ellen Mellow, who serves patients in New York, New York.



**New York City, New York Oct 25, 2023 ([Issuewire.com](https://www.issuewire.com))** - Dr. Mellow, an accomplished cardiologist and internist, operates a private practice in the vibrant city of New York, New York. Her expertise extends to serving patients across the five boroughs of the City and the broader tri-state area.

With a remarkable career spanning more than 24 years in the field of cardiology, Dr. Mellow understands the importance of both long-term preventative care and addressing acute needs. Her main emphasis is to analyze risk and provide interventions to reduce the chances of encountering undesirable cardiovascular outcomes such as sudden cardiac death, acute myocardial infarction (heart attack), development of coronary artery disease (blockages in the arteries supplying blood to the heart), stroke, and kidney damage.

Within her practice, patients benefit from a comprehensive array of medical services, ranging from cardiovascular screening and cardiac risk factor analysis to interventions, the management of hypertension and high cholesterol, weight control, nutritional guidance, smoking cessation support, annual physical check-ups, general cardiology consultations, assessment of chest discomfort and palpitations, sick visits, echocardiograms, treadmill stress tests, and the analysis of abnormal cardiac rhythms.

In addition to her clinical practice, Dr. Mellow is dedicated to educating the next generation of medical professionals. She holds the role of Assistant Attending Physician at NewYork-Presbyterian Hospital/Weill-Cornell Medical Center and serves as a Clinical Assistant Professor of Medicine at Weill Cornell Medical College, affiliated with Cornell University.

Pertaining to her educational pursuits, Dr. Mellow received her Undergraduate Degree from Princeton University in 1975 and her Medical Degree from Weill Cornell Medical College, Cornell University in 1980. She then went on to complete her residency in internal medicine at the NewYork-Presbyterian Hospital/Weill-Cornell Medical Center in 1983.

Thereafter, she completed a fellowship in critical care medicine with the National Institutes of Health in 1986, and a fellowship in cardiovascular disease at the Hospital of the University of Pennsylvania in 1989.

As a testament to her continued education, the doctor is board-certified in cardiovascular disease (1989) and in internal medicine (1983) by the American Board of Internal Medicine (ABIM). The ABIM is a physician-led, non-profit, independent evaluation organization driven by doctors who want to achieve higher standards for better care in a rapidly changing world.

Dedicated to her field, Dr. Mellow remains an active member of the American Heart Association and a Fellow of the American College of Cardiology (FACC).

Cardiology is a branch of medicine that deals with the disorders of the heart, as well as some parts of the circulatory system. The field includes medical diagnosis and treatment of congenital heart defects, coronary artery disease, heart failure, valvular heart disease, and electrophysiology. Cardiologists are doctors who diagnose, assess, and treat patients with diseases and defects of the heart and blood vessels (the cardiovascular system).

Internal medicine is the medical specialty dealing with the prevention, diagnosis, and treatment of adult diseases. Physicians specializing in internal medicine are called internists. They manage and prevent common and complex diseases by providing comprehensive care and promoting overall well-being.

Recognized as a Top Doctor by Castle Connolly Magazine, Dr. Mellow received the Exceptional Women in Medicine Award and was featured among Top Doctors in New York Magazine.

### **Learn More About Dr. Ellen Mellow:**

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/2778547-Ellen-Mellow-Cardiologist> or through her website, <https://ellenmellowmd.com/doctor/>

### **About FindaTopDoc.com**

FindaTopDoc is a digital health information company that helps connect patients with local physicians and specialists who accept your insurance. Our goal is to help guide you on your journey toward optimal health by providing you with the know-how to make informed decisions for you and your family.

### **Media Contact**

Your Health Contact

clientservice@yourhealthcontact.com

Source : Ellen Mellow, MD, FAAC

[See on IssueWire](#)