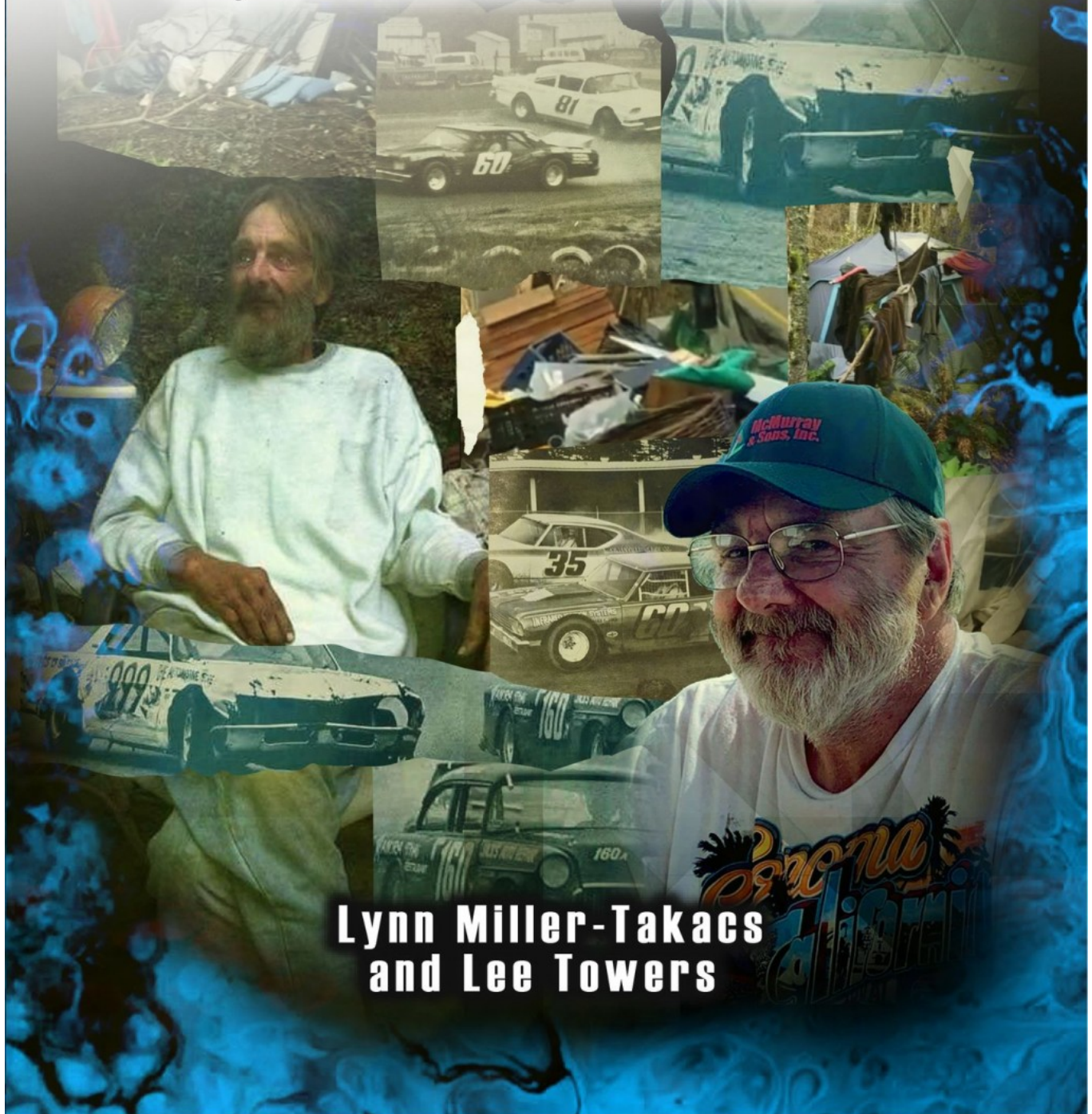


## **A story of victory over homelessness and a nightmarish methamphetamine addiction**

The main character describes how far he once went in order to keep the drug in his life that only brought devastation and ugliness. He exposes his addictive personality as well as his obsessive-compulsive disorder, bipolar mental illness, and grief.

# PAIN, ADDICTION AND VICTORY

The gripping story of one man's courage to walk away from a life of homelessness and addiction.



Lynn Miller-Takacs  
and Lee Towers

**Modesto, California Nov 22, 2023** ([Issuewire.com](https://www.issuewire.com)) - <https://www.facebook.com/ltakacs8891>  
<https://twitter.com/Ltakacs8891>

<https://www.linkedin.com/feed/>

<https://www.tiktok.com/@lynntakacs?lang=en>

Just released: **PAIN, ADDICTION, AND VICTORY**

**Pain, Addiction, and Victory** is the story of one man's courage to walk away from a lifestyle of homelessness and addiction, and in the end, he celebrates with victory the freedom from methamphetamine. The memoir describes thirty-one years of Lee's survival on the streets as a meth addict and includes raw, genuine, and unfiltered stories of his adventures. Some have called it the miracle book. Some have said they have never seen a man go down as low as he did hitting rock bottom and coming back up again. All the stories are true and not fictional. The co-author exposes his addictive personality, his desperation for the drug, obsessive-compulsive disorder, and bipolar mental illness in order to demonstrate how far an addict will go in order to keep the drug in their life. Ninety percent of the people he used to have all passed due to the devastation that the ugly lifestyle brings. Addiction is such a cunning enemy of life and if the author can help someone put an end to their own addiction, he feels he has done his job.

Here's what one of the co-authors says:

"I had gotten clean from 1990-2001 but went back to using 2001-2011. Telling my story is huge for me; it makes my life worth living. I want my grandkids to know that I wasn't always a loser. I feel I was kept on this earth for a reason and that is to educate young people about the horrible effects of drug addiction. Since I've been clean and sober, I've given many talks to high schools, and it's my life ambition. I had given up on life and decided that I was just going to be that too-much-fun guy and that's it. If life wasn't fun, I didn't want to be a part of it, but if there was fun and it felt good, I did it. I found out later the reason why I was so obsessive compulsive was that I have that disorder! That's what's been wrong with me all my life – obsessive-compulsive disorder, in addition to being bipolar and having PTSD... until I turned my life around."

- Lee

Get a copy of **Pain, Addiction, and Victory** and it will have you crying, snickering, and experiencing some strong emotions about his struggle with the lifestyle he chose to live. Share this book with someone in your life who is struggling with addiction or homelessness; hopefully, it will give them hope knowing there can be an answer, there is an answer, and there is an end to their dilemma. This book may encourage some of our own soul-searching and motivate us to reach out and help those who are struggling with these problems.

[https://www.amazon.com/Pain-Addiction-Victory-Lees-Story/dp/B0CJ45MXW6/ref=sr\\_1\\_1?crd=1W04KJQ3UIFHN&keywords=pain%2C+addiction+and+victimy+paperback&qid=1698198238&srefix=pain%2C+add%2Caps%2C162&sr=8-1](https://www.amazon.com/Pain-Addiction-Victory-Lees-Story/dp/B0CJ45MXW6/ref=sr_1_1?crd=1W04KJQ3UIFHN&keywords=pain%2C+addiction+and+victimy+paperback&qid=1698198238&srefix=pain%2C+add%2Caps%2C162&sr=8-1)

## AUTHOR'S NOTES

"I was born and raised in Humboldt County and live in Modesto, California. I've always loved art and studied fine arts and graphic design and have displayed my work in various exhibits. I established a face painting business in 2009, working at corporate events, parties, and grand openings, as well as painting passengers onboard cruise ships touring the Caribbean Islands. I wrote and published my first book entitled *What Makes My Heart Sing: An Artist's Journey*.

Lee was also born and raised in Humboldt County and lives in Anderson, California, with his wife Kathy. He's been a stock car racer, certified automotive machinist, log truck driver, and scrap metal dealer. His interest is in becoming a life coach working with teens and young adults.

We've known each other since kindergarten but weren't really close. Toward the end of grammar school, I started getting a little curious about him, but I hung back because he was taller than most boys, sort of awkward, and had a 'bad boy' reputation. We did, however, manage to skate together a few times at the Arcata Roller Rink and pass an occasional love note back and forth in class. Lee dropped out of school in our junior year of high school, and we lost contact. We reconnected on social media forty-four years later, and Lee shared some of his life stories with me. I was intrigued and wanted to know more. A year later, we both attended our forty-fifth high school reunion, learned more about each other and at that point, the idea to write Lee's story was birthed."

[https://www.amazon.com/author/lynn\\_miller\\_takacs\\_books](https://www.amazon.com/author/lynn_miller_takacs_books)

- Lynn

"I had gotten clean from 1990-2001 but went back to using 2001-2011. Telling my story is huge for me; it makes my life worth living. I want my grandkids to know that I wasn't always a loser. I feel I was kept on this earth for a reason and that is to educate young people about the horrible effects of drug addiction. Since I've been clean and sober, I've given many talks to high schools, and it's my life ambition. I had given up on life and decided that I was just going to be that too-much-fun guy and that's it. If life wasn't fun, I didn't want to be a part of it, but if there was fun and it felt good, I did it. I found out later the reason why I was so obsessive compulsive was that I have that disorder! That's what's been wrong with me all my life - obsessive compulsive disorder, in addition to being bipolar and having PTSD... until I turned my life around."

- Lee



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