

Justin Dean, DC a Chiropractor in Private Practice

Get to know Chiropractor Dr. Justin Dean, who serves patients in Los Angeles, California.



New York City, New York Nov 28, 2023 ([IssueWire.com](https://www.issuewire.com)) - As a skilled chiropractor, Dr. Dean's expertise encompasses a spectrum of issues, ranging from disc herniations, sciatica, knee and shoulder pain to headaches and low back pain. He employs a comprehensive approach, incorporating exercise, education, nerve decompression, and manual therapy to craft personalized treatment programs for his patients.

Academically, the doctor holds a Bachelor's Degree in Kinesiology and Exercise Science from Eastern Oregon University, and he earned his Doctor of Chiropractic degree from the University of Western States. What sets him apart is his insatiable appetite for knowledge, earning him the affectionate moniker of the "hungry, hungry hippo" within the medical community. In 2016 alone, he dedicated 40 weekends to learning from industry-leading experts on disc injuries, chronic pain, pinched nerves, and exercise interventions. He is well-versed in the three leading fascial release methods and actively incorporates them into his practice.

His commitment to education extends beyond his practice, as Dr. Dean teaches the NeuroCentric Approach™ at professional conferences both domestically and internationally. Additionally, he has co-created techniques like the Dermal Tractional Method (DTM) and Transverse Nerve Mobilizations alongside Dr. Phillip Snell.

Currently based in Los Angeles, California, he operates a unique clinical practice that combines in-home treatments with a physical presence in Brentwood. His results-oriented approach has attracted a notable clientele, including celebrities, CEO/founders, professional athletes, and individuals who have exhausted other avenues of treatment.

Notably, Dr. Dean spent the entirety of 2017 in Shanghai, China, where he worked with Olympic and National-level athletes across various sports, including Track & Field, Basketball, Olympic lifting, soccer, and golf. His responsibilities encompassed diverse areas such as gait analysis, movement assessments, and rehabilitation for injuries like ACL tears, runners knee, low back pain from disc herniations, sprained ankles, and headaches.

In addition, his tenure in Shanghai resulted in significant achievements, as he contributed to the success of approximately 30 national champions and Olympic medalists. His impact also extended to international teams, including the Canadian National Track & Field Team, Nigerian National Soccer Team, Philippines National Track and Field Team, and The Seattle Reign Professional women's soccer team.

Chiropractic is a form of alternative medicine that mainly deals with the diagnosis and treatment of mechanical disorders of the musculoskeletal system, especially the spine. A chiropractor uses spinal adjustments, manipulation, and other techniques to manage patients' health concerns, including neck pain, back pain, headaches, vertigo and a long list of other ailments and conditions. They aim to improve patients' functionality and quality of life by properly aligning the body's musculoskeletal structure and enabling the body to heal itself naturally, without the use of medication or surgery.

Learn More about Dr. Justin Dean:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/81226415-Justin-Dean-Chiropractor>, or through his website <https://drjustindean.com/>

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