

A Beacon of Hope: Amrit Singh Rai, Founder of Night and Day Recovery Society

Amrit Singh Rai, a remarkable individual dedicated to transforming lives, stands as the founder of Night and Day Recovery Society, a beacon of hope for those battling addiction since its establishment in 2012.



Surrey, British Columbia Dec 4, 2023 (IssueWire.com) - [Amrit Singh Rai](#), a remarkable individual dedicated to transforming lives, stands as the founder of the [Night and Day Recovery Society](#), a beacon of hope for those battling addiction since its establishment in 2012. His journey, marked by resilience and personal triumph, has not only seen him conquer his own struggles with addiction but also become a passionate advocate for the recovery of others.

[Amrit Singh Rai's](#) commitment to the cause of addiction recovery is deeply personal. Having successfully maintained sobriety for 16 years, he draws from his own experiences to guide others on their path to recovery. His journey began with a profound realization during his own battle with addiction, leading him to embark on a transformative process that ultimately birthed [Night and Day Recovery Society](#)

Before dedicating his life to addiction recovery, Amrit Singh Rai was a fervent advocate for human rights, particularly championing the cause of Sikhs in India. His early years were marked by a deep sense of justice and a commitment to ensuring the well-being of others. This passion for advocacy later found a new direction as he transitioned to founding the Night and Day Recovery Society, where he channeled his energy into helping those grappling with the challenges of addiction.

Amrit Singh Rai's diverse background adds a unique perspective to the recovery programs offered at Night and Day. Prior to his work in addiction recovery, he served in the Canadian Armed Forces, demonstrating discipline, leadership, and a strong sense of duty. These qualities have undoubtedly contributed to the success and effectiveness of Night and Day's residential treatment programs.

Night and Day Recovery Society, under Amrit Singh Rai's guidance, has become a sanctuary for individuals seeking a comprehensive and holistic approach to addiction recovery. The organization's commitment to the 12-step recovery model, combined with innovative practices such as meditation, yoga, and nature walks, reflects Amrit's belief in addressing the multifaceted nature of addiction.

Amrit Singh Rai's journey from personal struggles to becoming a steadfast advocate for addiction recovery is a testament to the transformative power of resilience and dedication. As the Night and Day Recovery Society celebrates its 10th anniversary, Amrit continues to inspire hope and healing, providing a guiding light for those on the challenging yet rewarding path to recovery.

For more information about [Night and Day Recovery Society](#) and [Amrit Singh Rai's](#) journey, please contact us:

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