

Rose Livingston, DC, a Chiropractor with Hot Springs Chiropractic Clinic

Get to know Chiropractor Dr. Rose Livingston, who serves patients in Hot Springs, Arkansas.



New York City, New York Dec 20, 2023 ([IssueWire.com](https://www.issuewire.com)) - A licensed chiropractor, Dr. Livingston is the owner of Hot Springs Chiropractic Clinic, based in Hot Springs, Arkansas.

Employing various techniques in her treatments, she provides chiropractic services, including traditional hands-on full spine and extremity adjustments. Treatment plans may also incorporate therapeutic exercises to enhance body strength and stability, aiming to improve functional stability and neuromuscular re-education for better balance and proprioception.

Dr. Livingston goes beyond merely correcting issues; she educates her patients on preventive measures to avoid recurring problems. Additionally, she extends her expertise to assist patients who have experienced personal injuries resulting from auto or other accidents.

Born in Eastern Arkansas, Dr. Livingston grew up in Hot Springs. After earning her Undergraduate Degree in Education from Henderson State University, she dedicated seven years to teaching in Texas. Returning to school, she achieved her Doctorate of Chiropractic from Parker Chiropractic College in

1997.

Since April of 2000, Dr. Livingston has been the proud owner of Hot Springs Chiropractic Clinic, serving as a chiropractic physician. From world class athletes, pro-am golfers, cyclists, seniors and kids, or over-worked, over-stressed folks, she helps her patients get better and back in the game of life.

Chiropractic is a form of alternative medicine that mainly deals with the diagnosis and treatment of mechanical disorders of the musculoskeletal system, especially the spine. A chiropractor uses spinal adjustments, manipulation, and other techniques to manage patients' health concerns, including neck pain, back pain, headaches, vertigo and a long list of other ailments and conditions. They aim to improve patients' functionality and quality of life by properly aligning the body's musculoskeletal structure and enabling the body to heal itself naturally, without the use of medication or surgery.

Learn More about Dr. Rose Livingston:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/84834618-Rose-Livingston-Chiropractor> or through Hot Springs Chiropractic Clinic, <https://www.hotspringschiroar.com/about>

About FindaTopDoc.com

FindaTopDoc is a digital health information company that helps connect patients with local physicians and specialists who accept your insurance. Our goal is to help guide you on your journey towards optimal health by providing you with the know-how to make informed decisions for you and your family.

Media Contact

Your Health Contact

clientservice@yourhealthcontact.com

Source : Rose Livingston, DC

[See on IssueWire](#)