

Hope AMC is offering tailored occupational therapy programs for children with disabilities in Dubai

Hope AMC is a well-reputed Dubai-based rehabilitation center helping children with any disabilities, injuries or illness with personalized treatment plans and tailored occupational therapy programs to let them overcome developmental challenges.



Dubai, United Arab Emirates Feb 16, 2024 ([Issuewire.com](https://www.issuewire.com)) - In the latest press note, one of the best pediatric therapists from Hope AMC, Kriti talked about occupational therapy and how it helps children suffering from any disability, injury, pain, or illness. She also mentioned the medical conditions that many children suffer from, which can be treated with occupational therapy.

Children with sensory processing disorders, learning problems, Autism, multiple sclerosis, cerebral palsy, and other chronic illnesses, birth defects or injuries, traumatic injuries to the spinal cord or brain, traumatic amputations, Juvenile rheumatoid arthritis, behavioral or mental health problems, orthopedic injuries, developmental delays, post-surgical conditions, spina bifida, cancer, Alzheimer's disease and poor balance can improve their condition and overcome the [developmental milestones through the occupational therapy programs](#) offered by Hope Abilitation Medical Center, a leading pediatric neurological rehabilitation center in Dubai.

At Hope AMC, pediatric occupational therapists work on fine motor skills to make them able to do small-muscle movements such as movement of hands, toes, and fingers to grasp things. They also help children to develop eye-hand coordination and motor skills through different activities and provide expert advice on getting any assistive device (wheelchairs, dressing, bathing and hearing devices, or raised toilet chairs). Their one-on-one and group sessions boost self-confidence in children and help them to live a happy and healthy life. Their therapeutic approach helps children in

- Improving muscle strength, range of motion and body positioning of individuals with arthritis, surgery, or stroke.
- Learning compensatory techniques to reduce muscle pain and build strength. Learning stretching techniques, exercises, and proper body positioning to decrease pain.
- Learning visual adaptive techniques to improve visual changes due to stroke or brain injury.

Their [occupational therapies](#) do not just work on the children but they also train their caregivers to help them understand the disabilities, limitations, and challenges that a child is facing due to the medical condition. This training also helps them to understand the safety hazards that can be caused because of the wrong furniture and equipment placement at home.

OTs also work on improving functional cognition, involving an individual's reasoning, problem-solving, attention, organization, and cognitive skills required to perform functional tasks. They also help improve visual deficits in patients.

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Source : <https://www.hope-amc.com/>

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