

Vanessa Grichine, OD, MS, FAAO, an Optometrist with Advanced Optometry of Mission Viejo

Get to know Optometrist Dr. Vanessa Grichine, who serves patients in Mission Viejo, California.



New York City, New York Feb 20, 2024 ([IssueWire.com](https://www.issuewire.com)) - An experienced optometrist, Dr. Grichine is affiliated with Advanced Optometry of Mission Viejo, serving as their in-house specialist for myopia control, keratoconus, and specialty contact lenses, including rigid gas permeable (RGP) and scleral lenses.

Academically, her journey towards becoming a renowned optometrist commenced with a solid foundation in Biology and Archaeology, culminating in her undergraduate degree from the University of Southern California in 2008. Pursuing higher education, she earned her Doctor of Optometry degree alongside a Master's in Vision Science from the State University of New York College of Optometry in 2016.

Driven by a profound curiosity about the intricate workings of the visual system, Dr. Grichine delved into research, focusing on the effects of mild traumatic brain injury and concussions on vision. Her scholarly contributions have not only expanded our understanding of these complex issues but have also paved the way for innovative approaches to vision therapy, particularly in athletes and veterans grappling with visual disturbances resulting from head trauma.

In her relentless pursuit of excellence, she honed her skills across various domains of optometry, specializing in pediatrics, vision therapy, sports vision therapy, contact lens, and ocular pathology. Her dedication to advancing her field is evident in her top-tier training and certifications, enabling her to diagnose and treat a spectrum of medical conditions, including dry eye syndrome, computer syndrome, and glaucoma with precision and care.

Prior to joining Advanced Optometry, Dr. Grichine served as the Clinical Director at NVision Laser Eye Centers, where her expertise in pre- and post-operative examinations for refractive surgeries was highly regarded. She has lent her expertise to procedures such as LASIK, PRK, SMILE, ICL, Corneal Crosslinking, and Cataract surgery, ensuring optimal outcomes for countless patients.

Happily married, she enjoys spending her free time with her husband and two children, running marathons including the Boston Marathon, the New York Marathon and the Disney Marathon, and trying out new restaurants.

Optometry is a healthcare profession that involves examining the eyes and applicable visual systems for defects or abnormalities, as well as diagnosing and managing eye disease. Optometrists are healthcare professionals who provide primary eye care through comprehensive eye examinations to detect and treat various visual abnormalities and eye diseases. Being a regulated profession, an optometrist's scope of practice may differ depending on the location. Thus, disorders or diseases detected outside the treatment scope of optometry (i.e. those requiring certain surgical interventions) are referred out to relevant medical professionals for proper care, more commonly to ophthalmologists who are physicians that specialize in the tertiary medical and surgical care of the eye. Optometrists typically work closely together with other eye care professionals, such as ophthalmologists and opticians, to deliver quality and efficient eye care to the general public.

Learn More about Dr. Vanessa Grichine:

Through her [findatopdoc](#) profile,

<https://www.findatopdoc.com/doctor/2624105-Vanessa-Grichine-Optometrist> or through Advanced Optometry of Mission Viejo, <https://www.aomissionviejo.com/our-doctors>

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