

## **Sandra Mini, MD, an Internist with Concierge Physicians of Westport**

Get to know Internist Dr. Sandra Mini, who serves patients in Westport, Connecticut.



**New York City, New York Mar 20, 2024 ([IssueWire.com](https://www.issuewire.com))** - A prominent internist, Dr. Mini is affiliated with Concierge Physicians of Westport in Connecticut. Her approach to medicine transcends the conventional boundaries of healthcare, encompassing emotional wellness, preventive health, and active aging. Her holistic philosophy underscores the importance of treating not just the ailment but the individual as a whole. Her patients are not merely recipients of medical care but partners in their journey toward well-being, guided by her warmth, humility, and infectious sense of humor.

Born and raised in Venezuela, she received her medical degree from the prestigious Universidad Central de Venezuela Medical School in Caracas. Driven by a thirst for knowledge and excellence, she pursued further specialization in internal medicine, undertaking her residency at Norwalk Hospital, an institution affiliated with the esteemed Yale University School of Medicine, where she also distinguished herself as an Associate Chief Resident.

An expert in her field, she is board-certified in internal medicine by the American Board of Internal Medicine (ABIM). The ABIM is a physician-led, non-profit, independent evaluation organization driven by doctors who want to achieve higher standards for better care in a rapidly changing world.

Beyond clinical care, Dr. Mini has embraced the role of a physician-educator, shaping the minds and futures of aspiring physicians at renowned institutions such as Columbia University's School of Medicine and The University of Vermont Larner School of Medicine. Her recent tenure at the Greater Danbury Community Health Center has further enriched her teaching portfolio, where she imparts her wisdom to medical students, residents, and interns.

Throughout her career, she has seamlessly transitioned between clinical practice and academia. From her contributions to Glenville Medical Group in Greenwich to her tenure at Copps Hill Family Medicine in Ridgefield and Nuvance Primary Care in New Canaan, her dedication to patient care has touched countless lives.

However, her impact extends far beyond the confines of her local community. Dr. Mini's altruistic spirit and passion for public health have led her to embark on endeavors aimed at improving healthcare outcomes globally, with a particular focus on Uganda.

Internal medicine is the medical specialty dealing with the prevention, diagnosis, and treatment of adult diseases. Physicians specializing in internal medicine are called internists. They manage and prevent common and complex diseases by providing comprehensive care and promoting overall well-being.

### **Learn More about Dr. Sandra Mini:**

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/217496-Sandra-Mini-Hospitalist> or through Concierge Physicians Westport, <https://cpwdocs.com/dr-sandra-mini/>

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