

# Discover the Power of Balance and Serenity in "Mindful Hustle" - A Groundbreaking TV Series

Through globally successful Yoga entrepreneur Kino MacGregor, ISI Entertainment and Next 30 Productions help show Yoga in a new light.

**Miami, Florida Apr 15, 2024** ([IssueWire.com](https://www.issuewire.com)) - Get ready to embark on a transformative journey of self-discovery and empowerment with the highly anticipated release of Mindful Hustle a captivating television series that redefines the world of yoga through the lens of one remarkable instructor's multifaceted life. Produced by ISI Entertainment and Next 30 Productions, this groundbreaking series offers viewers a unique perspective on the ancient practice, showcasing its profound impact on both mind and body amidst the complexities of modern life.

Mindful Hustle follows the extraordinary life of Kino, a talented yoga instructor, devoted wife, and ambitious entrepreneur. Juggling the demands of her career, family, and personal aspirations, Kino's life is a delicate balancing act. Yet, amidst the chaos, yoga serves as her anchor, providing solace, strength, and clarity in the midst of life's challenges.

Through intimate storytelling and breathtaking cinematography, Mindful Hustle invites viewers into Kino's world, offering a behind-the-scenes look at her daily life and the profound role that yoga plays within it. From guiding students through transformative poses to navigating the complexities of relationships and entrepreneurship, Kino's journey embodies the essence of mindfulness and resilience.

"Yoga is more than just a practice; it's a way of life," says Kino, the show's protagonist. "In Mindful Hustle, we're not only exploring the physical benefits of yoga but also its profound impact on our mental and emotional well-being. It's about finding balance and harmony amidst life's chaos."

As the series unfolds, viewers will witness Kino's evolution, both on and off the mat, as she navigates the highs and lows of her personal and professional life with grace and determination. From moments of triumph to moments of vulnerability, Mindful Hustle celebrates the resilience of the human spirit and the transformative power of mindfulness.

According to Renata Fajti, the show's Producer " Mindful Hustle is a testament to not only yoga, but what it takes to be a successful female entrepreneur in this day and age. Through Kino's journey, we hope to inspire viewers to embrace the practice of mindfulness and find strength in the midst of life's challenges."

Don't miss the premiere of "Mindful Hustle" in early 2025. Prepare to be inspired, uplifted, and empowered as you embark on a journey of self-discovery and mindfulness with Kino and Mindful Hustle.

<https://kinoyoga.com/>

[www.next30productions.com](http://www.next30productions.com)

[Www.isientertainment.com](http://www.isientertainment.com)

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