

Carly Snyder, MD, The Leading Reproductive and Perinatal Psychiatrist in New York

Honored as New York Times Super Doctor for Fifth Consecutive Year



New York City, New York May 21, 2024 ([Issuewire.com](https://www.issuewire.com)) - A renowned reproductive and perinatal psychiatrist, Dr. Snyder is making waves in the mental health field with her unique approach that integrates traditional psychiatry with holistic, integrative medicine-based treatments. Based in New York City, her private practice on the Upper East Side has garnered widespread recognition for her expertise and compassionate care.

After earning her medical degree from NYU School of Medicine, she completed a general psychiatry residency at Mount Sinai Beth Israel Medical Center and additional reproductive psychiatry training at the Payne Whitney Women's Program at NY Presbyterian Weill Cornell Medical Center. She continues to serve as voluntary faculty at the renowned medical institution.

In addition to her clinical work, Dr. Snyder is actively involved in various organizations dedicated to

mental health and women's well-being. She serves on the Advisory Council and Research Committee of Postpartum Support International. Dr. Snyder also contributes her expertise to the Verywell Medical Review Board and the Parents Expert Review Board while being an active member of the Independent Doctors of New York, Robyn network, and Women's Mental Health Consortium, among other organizations.

A sought-after expert in her field, she regularly contributes to popular parenting websites and news outlets, hosts a weekly radio show called MDforMoms, and shares her insights through various platforms such as Medium, Mother.Ly, HuffPost, and other publications.

Driven by her health journey as a vegan and diabetic, Dr. Snyder identified a gap in the market for whole-food-based nutrition bars tailored for women. This realization led her to create Mood Bars, an organic, vegan, and kosher-certified nutritional bar line offering a healthy and delicious snack for herself, her family, her patients, and women everywhere. With the recent launch of Mood Bars, she is excited to introduce her innovative product to a broader audience, reflecting her ongoing commitment to holistic health and well-being.

Committed to excellence and innovation, Dr. Snyder has earned numerous accolades, including being named a New York Times Super Doctor for an impressive fifth consecutive year (2019-2024).

Learn More about Dr. Carly Snyder:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/2319071-Carly-Snyder-Psychiatrist> or through her website, <https://www.carlysnydermd.com/about/credentials-2/>

www.MYMOODBARS.COM

About FindaTopDoc.com

Find aTopDoc is a digital health information company that connects patients with local physicians and specialists. Our goal is to help guide you on your journey toward optimal health by providing you with the knowledge to make informed decisions for you and your family.

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Source : Carly Snyder, MD

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