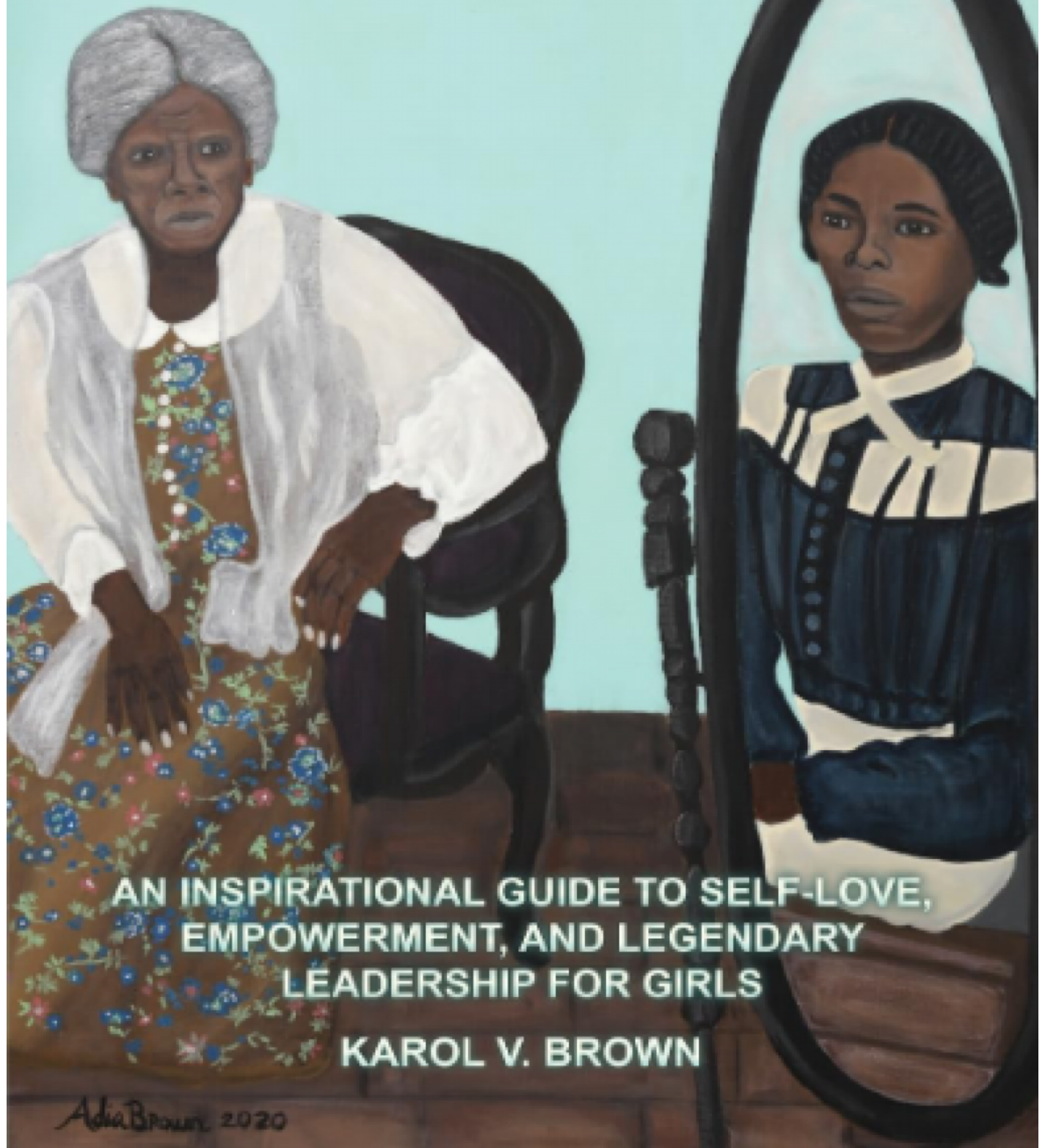


Discover the Power Within: Karol V. Brown's New Book "The Harriet Tubman Way"

Empowers Girls with Self-Love and Leadership

THE HARRIET TUBMAN WAY



AN INSPIRATIONAL GUIDE TO SELF-LOVE,
EMPOWERMENT, AND LEGENDARY
LEADERSHIP FOR GIRLS

KAROL V. BROWN

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Puyallup, Washington Jun 3, 2024 (IssueWire.com) - Celebrated author and health educator Karol V. Brown proudly announces her latest book, "[The Harriet Tubman Way: An Inspirational Guide to Self-Love, Empowerment, and Legendary Leadership for Girls.](#)" This groundbreaking guidebook harnesses the enduring legacy of Harriet Tubman to inspire young girls to embrace their inner strength and leadership potential.

"The Harriet Tubman Way" is a unique blend of historical narratives and interactive exercises designed for young girls to complete alongside friends and mentors. By exploring teachable moments from Tubman's life, the book aims to inspire readers to:

- Find the power to love, save, and never give up on themselves
- Recognize their passion and purpose
- Display brilliant communication skills, teamwork, and compassionate servant-leadership
- Discover their individual "superpowers," set attainable goals, and follow their own personal journey to becoming leaders in their own way

This book focuses on love in action and mentorship in legendary servant leadership, offering a refreshing perspective on one of history's most quietly influential women.

In a recent radio interview with Emmy Award-winner Kate Delaney on America Tonight Radio, Karol V. Brown shared insights into how the life of Harriet Tubman, a historical icon, can teach today's youth invaluable lessons in courage, self-belief, and leadership. Harriet Tubman's transformation from an illiterate slave girl to a revered leader is a powerful testament to the human spirit's resilience and determination.

Podcast:

https://soundcloud.com/kated-294710598/karolvbrown-2/s-H7dknptSYI7?si=8e014bbaf64b44dd81c4d5196b2c8ad6&utm_source=clipboard&utm_medium=text&utm_campaign=social_sharing

Youtube:

<https://youtu.be/Bw2iU2Fr9po>

Grab your copy today! Available on [Amazon](#) and other leading online retailers worldwide.

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About the Author:

Karol V. Brown, a dedicated professional with a Bachelor of Science degree and a Master of Public Health, is certified as a Lisa Nichols Transformational Trainer and skilled in Emotion Code Energy Medicine. Based in Washington State, Karol is a seasoned health educator, accomplished author, and captivating storytelling artist. With over 23 years of experience, she has passionately shared the inspiring stories and wisdom of Harriet Tubman.

Karol's other notable works include "30 Lessons in Love, Leadership, and Legacy from Harriet Tubman." She has also coauthored several influential books, including "Rise Up" with Lisa Nichols, "Live Love, Prosper" with Authors Who Care, and "How to Be A Storyteller" with professional storytellers.

Specializing in interactive storytelling workshops and compelling speaking engagements, Karol focuses on empowering young girls and women to discover their inner strength and potential. Her presentations center around essential themes such as self-love, peace, joy, gratitude, determination, and imagination.

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