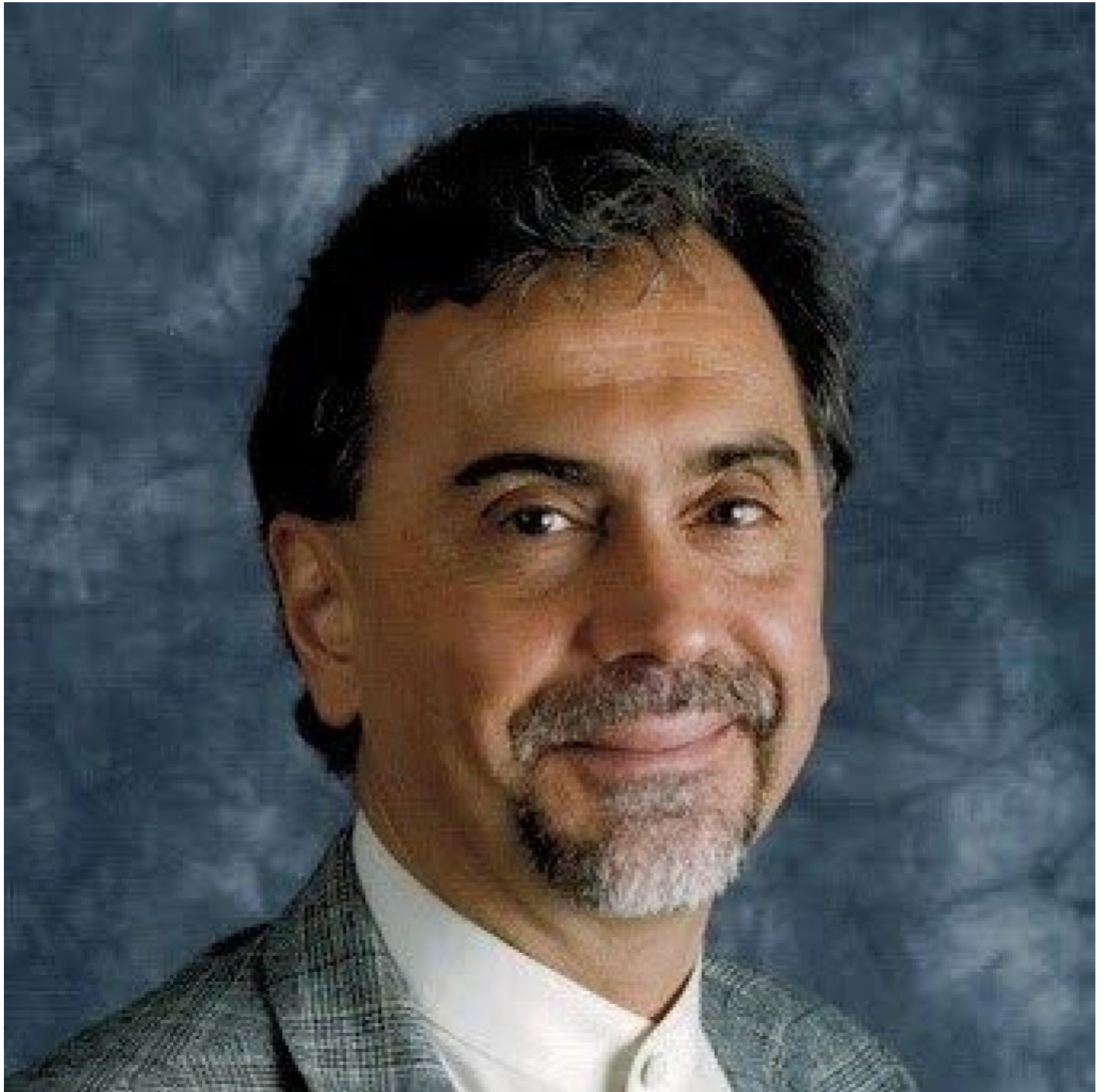


Cristian Enescu, MD, Pioneering Neurologist at Colts Neck Neurology and Community Medical Center

Delivering Four Decades of Expertise and Integrative Neurological Care to Toms River



New York City, New York Jul 19, 2024 ([IssueWire.com](https://www.issuewire.com)) - Dr. Cristian Enescu, an esteemed neurologist with over forty years of experience, practices at Colts Neck Neurology in Toms River, New Jersey. He specializes in treating a wide array of neurological conditions such as Parkinson's disease, headaches, cognitive deficits, and more.

Renowned for his innovative approach to brain function recovery and optimization, Dr. Enescu combines traditional neurological evaluations and therapies with integrative techniques based on cutting-edge neuroscience, brain entrainment, and mindfulness practices. This unique approach represents a paradigm shift in healthcare, recognizing that human imbalances manifest at various levels – physical, emotional, mental, and spiritual – and require a holistic treatment plan for comprehensive healing.

Originally educated in Romania, Dr. Enescu obtained his Medical Degree from Carol Davila University of Medicine and Pharmacy in 1983. He further honed his skills in the United States, completing his internship at Brookdale Hospital in 1996 and residency at St. Vincent's Hospital Medical Center in New York City in 1999.

Apart from his medical expertise, Dr. Enescu is multilingual and fluent in English, French, and Romanian. This linguistic versatility allows him to connect more deeply with his diverse range of patients, fostering trust and effective communication in the healthcare setting.

Dr. Enescu's broad spectrum of specialties includes addressing conditions such as learning disabilities, ADD/ADHD, sleep disorders, depression, anxiety, neurotransmitter rebalancing, and more. His commitment to comprehensive care and patient well-being has earned him a stellar reputation among colleagues and patients alike. By combining his extensive experience with a compassionate and holistic approach, Dr. Enescu continues to make a significant impact in the field of neurology and patient care.

Learn More about Dr. Cristian Enescu:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/3237925-Cristian-Enescu-Neurologist> or through RWJBarnabas Health, <https://www.rwjbh.org/doctors/cristian-enescu-md/>

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