"I'll Have What She's Having" New Study: Hypnotic Orgasms Are Real

Findings are "potentially revolutionary": Neuroscientist



Christine Funk of Austria, Experiences an Hypnotic Orgasm without contact during the experiment.

Toronto, Ontario Aug 15, 2024 (Issuewire.com) - ELEVATORFILMS NEWS: Hypnotic orgasms are real and cause an objective hormonal change that can be identified in blood tests. They results are similar to couples having intercourse to orgasm according to a new study conducted with the Czech National Institute of Mental Health.

"This is potentially revolutionary," said neuroscientist Dr. Jim Pfaus who oversaw the preliminary study and is a professor at Prague's Charles University. "Not only for orgasm research but for sexual and reproductive health in general."

The study which took place in Prague, recruited 10 volunteers, five of whom were good hypnotic subjects and for whom hypnotists induced intense hypnotic orgasms in a matter of minutes. All 5 who experienced orgasms were fully clothed and hypnotized without being touched or allowed to touch themselves. They appeared to experience multiple orgasms, gasping, arching their backs with strong involuntary abdominal movements. Blood was taken before and after the experience.

Objective Evidence of Real Orgasms

All those who appeared to have hypnotic orgasms showed reliable increases in the hormone prolactin, which is an objective measure of orgasm and lactation. However, none of the volunteers was

breastfeeding. And prolactin did not increase in the volunteers that did not experience orgasm.

"Naturally we're amazed by the results," said lead hypnotist Albert Nerenberg, known for popular <u>TEDx</u> <u>talks on hypnosis</u>. "It not only suggests that hypnotic orgasms are real but that hypnosis itself is real. How else could you explain people having orgasms across the room without any contact, and with increases in an objective measure of orgasm like prolactin?"

Hypnotic orgasms are generally unknown to the wider public and the scientific community. According to Nerenberg, hypnotic orgasms likely came out of show business, not scientific research.

"It's just a wild stunt you would sometimes see at late night hypnosis shows," he said. "The hypnotist will instruct a row of people to have "massive orgasms" and people will suddenly flop around and scream. Everyone laughs but we now know these orgasms are likely real and could have genuine health and consent implications."

Wider Health Implications

The wider health implications are significant said Nerenberg.

"Hypnotic orgasms may be able to help people who are anorgasmic (can't achieve orgasm), people with mobility issues, and the elderly. According to Pfaus, it's also proof that orgasms are a phenomenon of the brain and spine, and not the genitals only. It also suggests that orgasms can also be far more diverse and managed than previously thought.

One of the volunteers in the study, Christine Funk of Austria, who is featured in the upcoming documentary Make Orgasms Not War, had approximately 12 orgasms in hypnotic trance. Funk is specifically exploring the wider possibilities. She has experienced orgasms to music, during laughter, and in less than a minute, which is widely thought to be impossible.

"Experiencing hypnotic orgasms feels incredibly real," said Funk, "and it's fantastic to finally have evidence. I believe this could be beneficial for so many people, just as it was for me."

Including Dr. Pfaus, the hypnotic research team included Nerenberg of Canada, Funk of Austria, and hypnotist Mindy Sonshine of the USA, and Shelley Skye, a UK sexuality researcher.

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