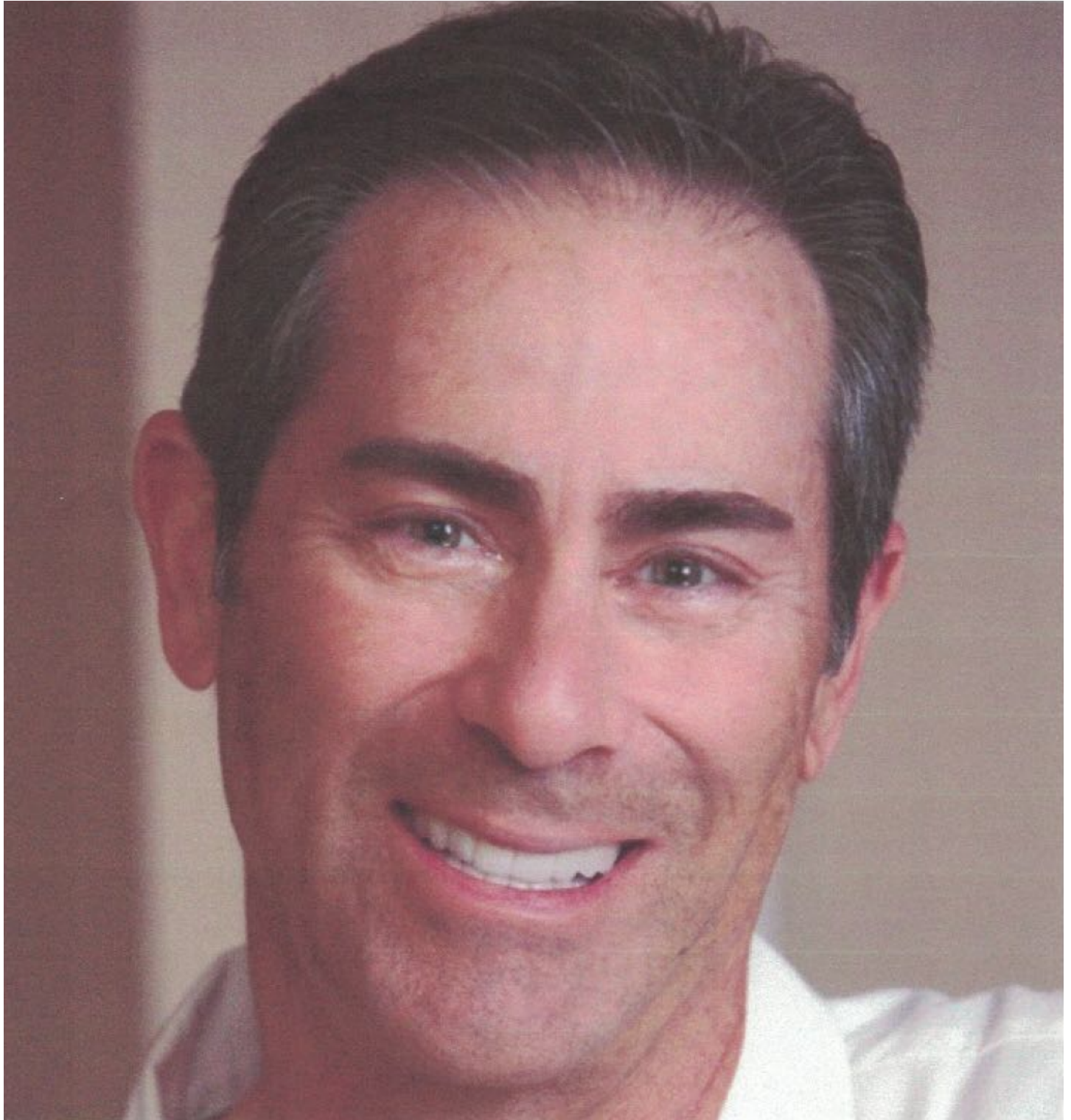


Sleep Medicine Specialist, Ronald A. Popper MD, FCCP, FAASM, DABSM, Celebrates Decades of Excellence in Patient Care

Leaving a Lasting Impact on the Field and the Lives of Those He Serves



New York City, New York Aug 6, 2024 (Issuewire.com) - Dr. Popper, a distinguished figure in the

field of sleep medicine, has been at the forefront of patient care and education for over three decades. As the founder and Medical Director of The Southern California Pulmonary and Sleep Disorders Medical Center since 1984, Dr. Popper has dedicated his career to advancing the understanding and treatment of sleep disorders.

A board-certified specialist in sleep medicine by both the American Board of Sleep Medicine and the American Board of Internal Medicine, he has been a trailblazer in advocating for personalized and efficient care in the field of Sleep Medicine. Recognizing the limitations of traditional hospital-based settings, he championed the concept of the free-standing sleep center. Thanks to his visionary approach, the Southern California Pulmonary and Sleep Disorders Medical Center became the first non-hospital, non-university-based Sleep Disorders Center to achieve full accreditation by the prestigious American Academy of Sleep Medicine.

Born and raised in Detroit, Michigan, Dr. Popper's journey in medicine began at Michigan State University, where he became one of the state's first Paramedics. His unique background as a Paramedic provided him with invaluable experience, shaping his approach to patient care.

After completing his medical residency in Los Angeles, California, he pursued a fellowship in Pulmonary Medicine at VA Wadsworth / UCLA Medical Center. His early research in "sleep-disordered breathing" laid the foundation for his groundbreaking work in the diagnosis and treatment of sleep apnea.

A sought-after speaker for the National Sleep Foundation, Health and Wellness Organizations and several pharmaceutical corporations, Dr. Popper has shared his expertise through extensive writings and lectures on many sleep disorders, particularly focusing on obstructive sleep apnea, restless limb syndrome and narcolepsy.

Beyond his professional achievements, he is a devoted family man and a passionate golfer. Living in Westlake Village, California, with his wife and their two beloved dog, Lucy, he finds joy in balancing his medical practice and family, with his love for the game of golf. In a surprising twist, he recently reconnected with his old rock and roll band members from the 1960s through the world of social media, showcasing his enduring spirit of curiosity and connection.

Learn More about Dr. Ronald A. Popper:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/3042995-Ronald-Popper-Pulmonologist> or through The Southern California Pulmonary and Sleep Disorders Medical Center, <https://sleepmd4u.com/meet-dr-popper/>

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