

## Glen Wainen, MD: Premier Orthopedic Surgeon in Hackettstown, New Jersey

Revolutionizing Sports Medicine Care with Pioneering Techniques and Advanced Surgical Solutions



**New York City, New York Sep 6, 2024 ([IssueWire.com](https://www.IssueWire.com))** - Dr. Glen Wainen, a highly respected orthopedic surgeon at Advocare Skylands Orthopedics, is transforming the landscape of sports medicine in Hackettstown, New Jersey. With a focus on innovative medical and surgical interventions, he is dedicated to enhancing patient care and recovery for those suffering from a wide array of

orthopedic conditions, including arthritis, back pain, bone and joint issues, elbow problems, foot and ankle ailments, fractures, hand and wrist problems, hip pain, joint replacement, neck pain, orthopedic spine disorders, osteoporosis, pediatric orthopedics, shoulder and rotator cuff disorders.

Dr. Wainen's skill set includes specialized procedures such as hip and knee replacements, hip/femur fractures and dislocations, arthroscopic shoulder surgery, and subchondroplasty, a groundbreaking technique that can potentially delay the need for knee replacement. With an emphasis on conservative care and minimally invasive techniques, he aims to optimize outcomes and improve the quality of life for his patients.

With an educational background as impressive as his professional achievements, Dr. Wainen holds an Undergraduate Degree in Exercise Physiology and a Master's Degree in Cardiac Rehabilitation from East Stroudsburg University. He furthered his medical education by earning his Medical Degree from the University of Medicine and Dentistry of New Jersey, complemented by an internship in general surgery and a residency in orthopedic surgery at the same institution.

As a Fellow of the American Academy of Orthopedic Surgeons (FAAOS) and board certified in orthopedic surgery and sports medicine by the American Board of Orthopedic Surgery, Dr. Wainen maintains the highest standards of professional excellence. His dedication to patient care has been recognized through multiple accolades, including the Compassionate Doctor Recognition (2018, 2016, 2014, 2011), and the Patients' Choice Award (2018, 2015, 2014, 2011), showcasing his commitment to providing compassionate and high-quality services.

Adding to his unique qualifications, Dr. Wainen's background as a competitive gymnast gives him an unparalleled understanding of the physical demands athletes face, aiding in his approach to injury prevention and management.

Outside of his practice, he enjoys woodworking, water sports, motorcycling, and strength training. His diverse interests reflect his commitment to a well-rounded lifestyle, which he encourages in his patients.

### **Learn More about Dr. Glen Wainen:**

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/968452-Glen-Wainen-Orthopedist> or through Advocare Skylands Orthopedics, <https://www.advocareskylandsortho.com/provider/Glen-Wainen-MD>

### **About FindaTopDoc.com**

FindaTopDoc is a digital health information company that helps connect patients with local physicians and specialists who accept your insurance. Our goal is to help guide you on your journey towards optimal health by providing you with the know-how to make informed decisions for you and your family.

### **Media Contact**

Your Health Contact

clientservice@yourhealthcontact.com

Source : Glen Wainen, MD

[See on IssueWire](#)