

Introducing Beth L. Scott, PT, DPT, GCFP: An Award-Winning, Wellness-Oriented Doctor of Physical Therapy

Transforming Lives through Holistic Healing in Summerville, North Carolina







New York City, New York Oct 9, 2024 (<u>Issuewire.com</u>**)** - With over three decades of experience, Dr. Beth L. Scott is redefining the approach to physical therapy through her private practice. She is available for one-on-one sessions at The Well Being Cottage. Located in the heart of Summerville, SC. Dr. Scott specializes in chronic pain management with a focus on spine, trauma recovery, and movement improvement, utilizing an array of innovative movement modalities to foster holistic healing.

Dr. Scott's extensive background includes specialized training in the Feldenkrais Method ®, Bones For Life (TM), Medical Therapeutic Yoga, Functional Dry Needling, and lifestyle management. Her personalized approach ensures that each client receives a tailored multi-modal program that not only addresses their specific needs but also builds on their inherent strengths, making the healing process both enjoyable and effective.

As a Guild Certified Feldenkrais Practitioner(R), Professional Yoga Therapist, and Nutrition Therapist with a certificate in plant-based nutrition from Cornell University, Dr. Scott's practice emphasizes a comprehensive view of health and wellbeing. She is committed to guiding her clients towards whole health through holistic methods, while also integrating traditional interventions whenever necessary.

Dr. Scott's academic journey reflects her diverse interests and dedication to lifelong learning. She began her studies in both psychology and zoology at Ohio University, graduating in 1987 with degrees in zoology and PT. She continued later to obtain a Doctor of Physical Therapy Degree from Rocky Mountain University of Health Professions in 2008. Her training in the Feldenkrais(R) Method further solidified her expertise, by completing her certification through the four year certification program from 1997 to 2000.

Learn More about Dr. Beth L. Scott:

Through her findatopdoc profile, <u>https://www.findatopdoc.com/doctor/1726879-Beth-Scott-Physical-Therapist</u>

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