

Introducing Effie Tsomos, MD: Leading Expert in Endocrinology and Diabetes Care in New York

Transforming Patient Health with Expertise and Compassion at Mount Sinai South Nassau



New York City, New York Sep 17, 2024 ([IssueWire.com](https://www.issuewire.com)) - New York, New York, Mount Sinai South Nassau is proud to announce that Dr. Effie Tsomos, a dual board-certified endocrinologist, is now serving as the Chief of Endocrinology. She also operates from the Mount Sinai Doctors – Merrick facility, offering comprehensive care in Suite 100, specializing in endocrinology.

Bringing a wealth of knowledge and experience to her role, Dr. Tsomos provides patients with exceptional care in diabetes management, glucose monitoring, and insulin pump therapy. Her expertise encompasses a full range of endocrine disorders, making her a vital resource for patients seeking specialized care in this critical field.

Dr. Tsomos is passionate about empowering her patients with the knowledge and tools they need to manage their health effectively. She believes in a personalized approach to treatment, ensuring that each patient receives an individualized care plan tailored to their specific needs and circumstances.

Scholastically, Dr. Tsomos earned her Medical Degree from the esteemed Boston University Chobanian & Avedisian School of Medicine. She completed her residency in internal medicine at Montefiore Medical Center, a leading institution in the Bronx, New York. Following her residency, she further honed her skills by completing an endocrine fellowship at the Icahn School of Medicine at Mount Sinai, where she developed a profound understanding of complex endocrine disorders and the latest treatment methodologies.

Board certified in both internal medicine and endocrinology, diabetes, and metabolism, Dr. Tsomos is recognized as a Diplomate of the American Board of Internal Medicine. Her commitment to patient care and ongoing education ensures that she remains at the forefront of advancements in endocrinology, enabling her to provide the best possible outcomes for her patients.

At Mount Sinai South Nassau, Dr. Tsomos aims to improve the quality of life for individuals living with diabetes and other endocrine disorders through innovative treatments and compassionate care. Her leadership in this field reflects a commitment to excellence and a dedication to advancing the understanding and treatment of metabolic health issues.

Learn More about Dr. Effie Tsomos:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/83361360-Effie-Tsomos-Endocrinology-Diabetes> or through Mount Sinai South Nassau, <https://www.southnassau.org/sn/find-a-doctor/tsomos-effie-md-chief-endocrinology-1062>

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Source : Effie Tsomos, MD

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