

Jay P. Shah, M.D., Distinguished Sports Surgeon, Brings Cutting-Edge, Orthopaedic Care to Unity Healthcare Alliance

Leading Sports Medicine Expert Dr. Shah Recognized for Excellence in Orthopaedic Surgery



New York City, New York Sep 20, 2024 ([Issuewire.com](https://www.Issuewire.com)) - Dr. Jay P. Shah, MD, is a distinguished orthopaedic surgeon specializing in sports injuries, ACL reconstruction, and other complex issues of the knee and shoulder. He recently joined Unity Healthcare Alliance in Las Colinas. Prior to that, he spent 7+ years serving as Assistant Professor in the Department of Orthopaedic Surgery at UT Southwestern Medical Center, bringing a wealth of knowledge and expertise to his practice.

After earning his Medical Degree from Rush Medical College in Chicago, Dr. Shah completed his residency in orthopaedic surgery at the University of Alabama at Birmingham. He further honed his skills in sports medicine through a fellowship at Baylor College of Medicine while serving as an assistant team physician for several of Houston's professional teams, including the Texans, Rockets, Astros, and Dynamo. He trained under renowned sports surgeons in both Birmingham and Houston and brings these techniques, skills and expertise to each and every person he has the privilege to serve.

Board certified in both Orthopaedic Surgery as well as Sports Medicine by the American Board of Orthopaedic Surgery, Dr. Shah joined Unity Healthcare alliance in June of 2024 as Director of Surgical Services and Board Secretary. He is actively involved in national orthopaedic organizations such as the American Academy of Orthopaedic Surgeons, the American Orthopaedic Society for Sports Medicine, the Arthroscopy Association of North America, the Mid-America Orthopaedic Association, and the Texas Orthopaedic Association.

Dr. Shah's dedication to advancing the field of orthopaedic surgery is reflected in his numerous publications in prestigious peer-reviewed journals and textbooks. His contributions have been recognized with accolades such as being named a Texas Monthly Super Doctor Rising Star in 2019, 2020, and 2021.

Through his clinical expertise, research contributions, and commitment to education, Dr. Jay P. Shah continues to make a significant impact in the field of orthopaedic sports medicine, benefiting patients and colleagues alike.

Learn More about Dr. Jay P. Shah:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/8137260-Jay-Shah-Orthopedist> or through UT Southwestern Medical Center, <https://physicianresources.utswmed.org/participant/jay-shah-md>

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