

Sun Point Expands Services with New Openings for Affordable Counseling in Lancaster and Online



Lancaster, Pennsylvania Oct 30, 2024 ([IssueWire.com](https://www.IssueWire.com)) - [Sun Point Wellness Center](#), a trusted provider of compassionate mental health services in **Lancaster, PA**, is pleased to announce new openings for **couples counseling, EMDR trauma therapy, and individual counseling**. The center is also continuing its commitment to accessibility with spaces available in its "Access for All" program, which provides pro bono and sliding-scale therapy services. In support of increased access to quality mental health care, their non profit sister agency, Sun Point Foundation, proudly accepts Medicaid and PerformCare insurance.

Sun Point is dedicated to fostering mental health and emotional well-being across the Lancaster community. With an experienced team of licensed therapists, the center offers a broad range of evidence-based services aimed at addressing each client's unique needs. Their therapeutic specialties include **couples counseling, marriage therapy, Eye Movement Desensitization and Reprocessing (EMDR) for trauma, and individual therapy** for clients of all ages. With new openings now available, Sun Point is committed to helping even more individuals, couples, and families access the care they need to lead fulfilling lives.

"We are deeply committed to supporting our community's mental health needs with high-quality,

compassionate care," said Laura Morse, CEO at Sun Point. "Our team recognizes the unique challenges faced by individuals, couples, and families today, and we're proud to provide accessible, affordable options that meet these needs."

New Openings for Couples Counseling and Marriage Therapy

Strong, healthy relationships are fundamental to overall well-being, yet many couples face communication breakdowns, trust issues, and other challenges that can strain their relationship. Sun Point Wellness Center's **couples counseling** and **marriage therapy** sessions provide a safe, supportive space for partners to reconnect, build trust, and navigate difficult conversations.

Sun Point Wellness Center's trained EMDR therapists work closely with clients to create a safe, supportive therapeutic experience. This evidence-based approach helps clients move past painful memories and gain emotional freedom, enabling them to thrive.

"Access for All" Program with Pro Bono and Sliding-Scale Therapy

Accessibility is central to Sun Point's mission, and their non-profit Foundation's **"Access for All" program** embodies this commitment. This initiative provides pro bono and sliding-scale therapy options to individuals and families who face financial barriers to mental health care. Sun Point recognizes that financial concerns should never stand in the way of receiving essential mental health services.

Under the "Access for All" program, individuals can receive high-quality therapy services on a sliding fee scale, making therapy accessible to those in need. The center's team is passionate about reducing barriers and creating a supportive environment for all members of the community, regardless of their financial situation.

Accepting Medicaid and PerformCare Insurance

Sun Point Wellness Center is committed to inclusivity and accepts most **Medicaid** and **PerformCare insurance plans** to further enhance accessibility. This allows clients with Medicaid coverage to receive therapy services, including couples counseling, individual therapy, and trauma-informed care, without facing financial hardship.

If you or a loved one could benefit from professional counseling services, Sun Point invites you to reach out and learn more about the range of therapy options available. With new openings across couples counseling, EMDR trauma therapy, and individual counseling, as well as ongoing accessibility through the "Access for All" program, Sun Point is here to support your journey toward healing and well-being.

For more information or to schedule an appointment, please visit [Sun Point Wellness Center's website](#).

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Source : Located in Lancaster, PA, Sun Point Wellness Center offers a comprehensive array of mental health services, including individual counseling, couples counseling, marriage therapy, and trauma-focused EMDR therapy. With a commitment to compassionate, evidence-based care and inclusivity, Sun Point Wellness Center is dedicated to helping individuals, couples, and families improve their mental health and quality of life.

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