

Gaurab Chamlagai; Master of Music reveals "Sankha" which's 'bout judgement and conflict!

Exploring the Emotional Turmoil of Love and Judgment in "Sankha"



Anniston, Alabama Nov 25, 2024 ([IssueWire.com](https://www.IssueWire.com)) - Gaurab Chamlagai's "Sankha": A Deep Dive into the Inner Conflict of Love and Judgment

Emerging artist [Gaurab Chamlagai](#) has unveiled his latest track, Sankha, a deeply introspective song that explores the emotional turbulence of selectively perceiving goodness only in loved ones, while

viewing everyone else through a lens of negativity. The song, which is entirely self-composed, written, and produced by Chamlagai, is a raw reflection of the doubts and struggles that accompany human relationships and self-awareness.

A Song About Doubts and Selfishness

“*Sankha*”, which means “*doubt*” in Nepali, delves into the inner turmoil of someone grappling with conflicting feelings about their loved ones and others around them. The narrator of the song is caught in a mental paradox: while they see all that is good and pure in the people they hold dear, there is an overwhelming sense of judgment and negativity toward the rest of the world. This imbalance brings forth feelings of confusion and guilt, leaving the individual to question whether their perceptions are clouded by selfishness or if they are simply too blinded by attachment.

“I wanted to express the emotional conflict that many of us experience—where we idealize our loved ones and, in turn, develop a distorted view of others,” says Chamlagai. “The song touches on themes of bias, selfishness, and the struggle to accept the complexity of human relationships.”

A Unique Soundscape

The track carries a hauntingly beautiful yet melancholic melody, underscored by Chamlagai’s soulful vocals and delicate instrumentation. Each element, from the haunting rhythm to the minimalist arrangements, complements the introspective nature of the song’s lyrics. His approach to blending traditional sounds with modern, ambient touches gives the track a unique, atmospheric feel, inviting listeners into a space of reflection and self-examination.

Chamlagai, known for his multifaceted talents, has not only written and composed the song but also produced it in its entirety. His meticulous attention to detail in both the lyrics and music highlights his ability to create a cohesive narrative through sound.

A Personal Journey

In an age where personal and societal values often collide, *Sankha* serves as a poignant reminder of the internal battles we all face when it comes to our perceptions of others. The song reveals Chamlagai’s own contemplation of the human tendency to hold certain people in higher regard, questioning whether love inherently biases our judgments.

The lyrics are honest and vulnerable, reflecting the complexity of love, doubt, and judgment. It’s a call to recognize that our emotional connections often skew our ability to see the world in a balanced way, and the discomfort that arises from this awareness.

A Message for All

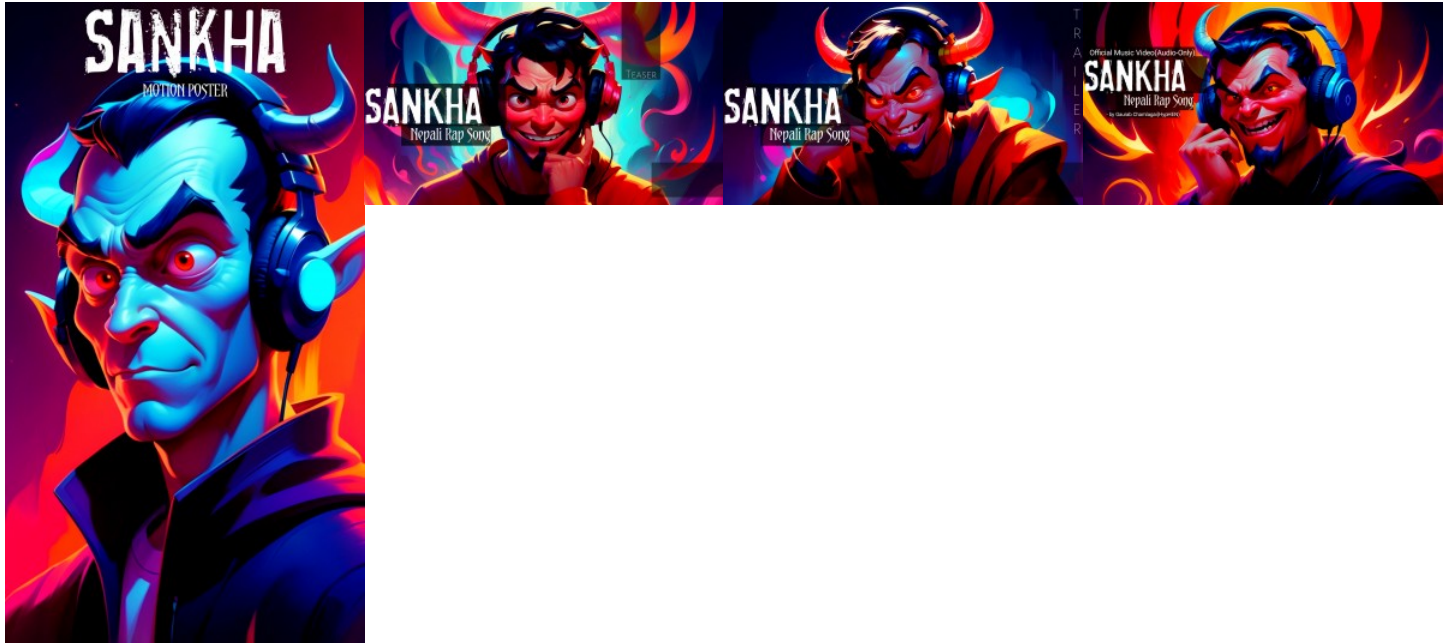
While *Sankha* is deeply personal to Chamlagai, its themes are universally relatable. It speaks to anyone who has ever struggled with their biases, questioned their feelings of attachment, or found themselves caught between love and judgment.

“*Sankha* is about learning to embrace the imperfections in ourselves and others,” Chamlagai shares. “We all have moments where we judge the world through the lens of our closest relationships, but it’s important to question whether that perspective is truly fair.”

As Gaurab Chamlagai continues to explore new musical territories, *Sankha* stands as a testament to his evolving artistry and his ability to craft songs that resonate on a deeply emotional level. It's a song that invites listeners to reflect on their own relationships, biases, and the complex layers of human emotion.

Listen to "Sankha" now on all streaming platforms, and dive into a powerful exploration of love, doubt, and self-awareness.

Previous Song - <https://youtu.be/Fze93LM8cZs?feature=shared>



Media Contact

Joseph Matthew News Portal

furious.bat.rnvi@instantletter.net

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