

Kezhen Zhang, a Traditional Chinese Medicine Doctor: The New Medical Model Enters the Lecture Hall of a UK University



Bath, Somerset Dec 16, 2024 ([Issuewire.com](https://www.issuewire.com)) - From December 11th to 13th, 2024, the 4th Bath World Congress of Dermatology was held in the Guildhall in Bath, UK. The Bath World Congress of Dermatology is co-hosted by the University of Bath, the Royal United Hospitals Bath NHS Foundation Trust (RUH), and the Bath Institute for Rheumatic Diseases (BIRD), aiming to promote interdisciplinary cooperation in skin photoprotection and innovative projects for the design, delivery, and treatment of chronic diseases related to skin medications.

The conference specially invited Dr. Kezhen Zhang, a famous traditional Chinese medicine expert and president of Beijing Taijitang Traditional Chinese Medicine Hospital, to give a speech titled "The Significance of physiological space in Dermatological Research", introducing to the participants the importance of the physiological space in dermatological research.

Kezhen Zhang pointed out that in previous research on patterns of human physiology and dermatological diseases, the focus was mainly on organs, tissues, cells, and even molecular structures, while the space formed by these entities was overlooked. From the perspective of human body structure, spaces are widely present in the human body. The nasal cavity, throat, trachea, bronchi, alveoli, etc. in the respiratory system are all specific spaces; the gastrointestinal tract is a hollow organ that accommodates food; blood vessels are hollow conduits filled with blood; when the bladder is not filled with urine, it is a very narrow space, and when it is filled with urine, the smooth muscles are rearranged, and the spaces between smooth muscle cells play a very important regulatory role. Even in hard tissues like bones, under the microscope, spaces can be seen between trabeculae; even when the skin, the densest organ in the human body, is magnified, the spaces in it are clearly visible. Spaces also exist widely in cells, molecules, and even atoms.

"As long as it is a normal human body system, it is unobstructed. If any space is blocked, diseases will occur. Therefore, the occurrence of diseases is actually closely related to this space," Kezhen Zhang said. Physiological spaces play a crucial role in metabolism, disease formation, diagnosis, and treatment, and the same is true for skin spaces. Whether the spatial structure of the skin functions properly determines the relationship and metabolic interaction between the skin and the external environment, internal organs, or subcutaneous tissues. It can also determine whether the metabolism of various substances in the skin function normally. Recognizing the existence of human physiological spaces can not only improve the fundamental research on skin diseases, the metabolic mechanisms of substances in the skin, the treatment and prevention of complex skin diseases, but also provide a scientific explanation for the therapeutic effectiveness of acupuncture and herbal medicine in dermatology.

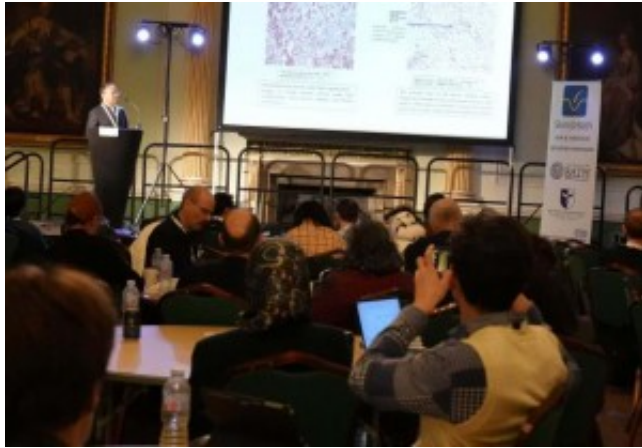
Kezhen Zhang said that currently there is a lack of channels for communication and integration among different medical systems. The human body space theory can clearly explain the principles and core values of traditional Chinese medicine in scientific language that the public can understand, providing theoretical support for traditional Chinese medicine and helping people better understand traditional Chinese medicine. From the new perspective of physiological space, the meridians, which are the core of the traditional Chinese medicine system, are actually relatively stable and orderly spaces in the human body. This conclusion conforms to the theory of traditional Chinese medicine and is compatible with modern medicine and can be verified by modern scientific experiments and clinical practice.

Kezhen Zhang further emphasized that the secret to the remarkable efficacy of traditional Chinese medicine treatment lies in its attention to physiological space and natural elements, which is lacking in the current "Biological-Psychological-Social Medicine" model. In order to make up for the deficiencies of the "Biological-Psychological-Social Medicine" model, Kezhen Zhang put forward a new medical model - the "Life-Society-Natural Medicine" model, emphasizing that the basic elements that constitute life, the factors that affect life, and the interactions among these elements may all be the root causes of diseases. This research result was published in the journal "Research" on December 3rd this year. In the article, Kezhen Zhang pointed out the direction for researching the causes of many diseases with unknown causes by using the "Life-Society-Natural Medicine" model. For example, Britain is surrounded by the ocean, so it has a relatively high level of cold and dampness, and there are many cases of rheumatism. The new medical model incorporates natural factors such as wind, cold, and dampness into the understanding of disease causes, which can solve this problem well .

The construction of the new medical model can not only better explain many unknown issues in current medicine in theory, such as the causes of diseases, but more importantly, as a guiding ideology, it can help solve many difficult and complicated diseases encountered in current clinical practice, such as ankylosing spondylitis and nephritis in rheumatism, and asthma and chronic bronchitis in respiratory diseases. For many diseases, the process from mild to severe is also a process in which normal spaces are gradually occupied by entities. If we understand the laws of space, we will be able to detect abnormal changes in space before organic diseases form and carry out effective interventions to prevent the further development of diseases or even prevent diseases from occurring.

After Professor Kezhen Zhang's new medical model was published, it also received positive feedback from various sectors. "Professor Kezhen Zhang's new medical model is an innovative theory and very visionary," said Jeff Ruffolo, the head of a leading marketing agency in Southern California, USA. Dimitri Devyatkin, the president of RA Pictures in the United States, who said that he would always prefer to have traditional Chinese medicine for himself for his whole life, also commented on Professor Kezhen Zhang 's new medical model. Dimitri Devyatkin has been studying traditional Chinese medicine since the 1980s. He has led American doctor teams to visit China for exchanges eight times and witnessed the shocking process of patients undergoing brain surgeries while awake after taking herbal medicine. "The World Dermatology Congress was held in Bath, UK, from December 11 to 13, 2024, Chinese Doctor Kezhen Zhang, who is the president of Beijing Taijitang Traditional Chinese Medicine Hospital, presented his research. His innovative theories concentrate on the human body's empty spaces, like spatial structure of the of the skin and the organs. Constrictions and blockages of the body's own structural spaces can cause many problems. Dermatological disturbances, such as acne, as well as rheumatism, asthma, and bronchitis are associated with the blockages and occupation of normal body spaces. The study of abnormal changes in space, before diseases develop, can show the way to natural prevention of sicknesses. These originations are a prime example of how traditional natural medicine can greatly enhance major medical practices."

The 4th Bath World Congress of Dermatology held a total of 61 special lectures, and 156 top scholars including dermatologists, rheumatologists, pathologists, and biologists from 15 countries and 43 international institutions participated in the conference.



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PERPECTIVE

A New Scientific Medical Model: Improvement of the Current Biopsychosocial Medical Models

WILHELM STABE | Authors Info & Affiliations

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Abstract

The current biopsychosocial medical models have substantial limitations and require to form an improved scientific medical model. This new model should consider human health holistically, emphasizing the integrity of life and focusing on the impact of physiological spaces, natural factors, and the interaction between individuals and their environment. We propose a "life-society-nature medical model" that provides novel perspectives for innovation in basic medical theory, the integration of Traditional Chinese and Western medicine, disease diagnosis, therapy and prevention, as well as the development of new therapeutic agents, scientific instruments, and approaches to medical education.

Media Contact

BON

bon@bon-cloud.com

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