

## Toronto Paralegal Azary Matanov Advocates for Mental Health Awareness and Legal Support in Crisis Situations

Matanov Highlights the Importance of Legal Guidance for Individuals Facing Mental Health Challenges in the Justice System



**Toronto, Ontario Dec 22, 2024** ([IssueWire.com](https://www.IssueWire.com)) - Azary Matanov, a dedicated paralegal in Toronto's legal community, is using his platform to raise awareness about the critical intersection between mental health and the legal system. With statistics showing that up to 40% of individuals facing legal charges have underlying mental health conditions, Matanov believes that offering compassionate, specialized

legal support is essential for fair outcomes.

“Addressing mental health in the legal process isn’t just helpful; it’s necessary for justice,” Matanov states. “Many people enter the system because they’re struggling, and without the right resources and support, they can find themselves stuck in cycles that only worsen their circumstances,” Matanov emphasizes that individuals facing mental health challenges are often misunderstood within the justice system, leading to punitive outcomes that fail to address underlying issues.

Matanov is committed to advocating for tailored approaches that consider mental health backgrounds in legal cases. He points to studies that reveal nearly 70% of repeat offenses are linked to untreated mental health issues, highlighting the urgent need for resources that promote rehabilitation over punishment. “Our legal system should support people, not perpetuate the same problems,” he explains. “It’s time we focus on treating mental health conditions as a factor in legal matters, rather than an afterthought.”

Through his work as a Commissioner of Oaths, Notary Public, and paralegal, Matanov has encountered many clients facing legal challenges exacerbated by mental health struggles. This experience has driven him to create partnerships with mental health advocates, raising awareness of the need for early intervention and access to mental health services before cases escalate to the courtroom. “If we intervene early and focus on connecting people with mental health resources, we reduce the risk of recurring issues and make a real impact on lives,” Matanov notes.

Beyond his professional role, Matanov actively participates in community initiatives to provide both practical support and resources for mental health. He works with local organizations to hold legal information sessions specifically designed for individuals dealing with mental health challenges, helping them understand their rights and options. “One of the biggest barriers for these individuals is fear and lack of knowledge,” Matanov adds. “When people feel heard and supported, they’re more likely to make positive steps forward.”

Azary Matanov is determined to shift the conversation around mental health in the legal system. His goal is to ensure the system recognizes the importance of empathy and individualized support, which he believes are fundamental to justice. “True justice considers the person, not just the problem,” he concludes. “When we address mental health proactively in legal cases, we create a fairer and more compassionate system.”

Learn more from Azary Matanov at <https://www.azarymatanovtoronto.com/>

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