

Catalina Khalaj, PMHNP-BC, MSN, RNC, CCM, ACM: A Beacon of Compassionate Care in Psychiatric Nursing

Dedicated Case Manager RN with a New Specialization in Mental Health



New York City, New York Jan 30, 2025 ([IssueWire.com](https://www.IssueWire.com)) - Catalina Khalaj, PMHNP-BC, MSN, RNC, CCM, ACM, a distinguished healthcare professional known for her calm, caring, and compassionate approach, holds multiple titles, including Psychiatric-Mental Health Nurse Practitioner-Board Certified

(PMHNP-BC), Registered Nurse Certified (RNC) in Neonatal Intensive Care, Certified Case Manager (CCM), Accredited Case Manager (ACM), and Grief Counselor. With a robust educational background and a wealth of experience, Catalina is committed to enhancing the quality of mental health care for her patients.

Having spent the past several years at Kaiser Permanente St. Michael Medical Center in Washington, Catalina works as a Case Manager Liaison Registered Nurse. In this role, she has expertly coordinated patient care, ensuring that individuals receive comprehensive and high-quality healthcare services. Her responsibilities have included managing patient treatment plans, advocating for patient needs, and facilitating timely medical interventions through effective communication with healthcare providers.

Catalina's educational journey has equipped her with a diverse skill set. She graduated with an Associate of Science in Registered Nursing from Olympic College in 2013 and continued to earn her Bachelor of Science in Registered Nursing from the said establishment in 2014. Catalina furthered her studies with a Master of Science in Nursing Informatics from Western Governors University in 2020. In April 2024, she obtained her Graduate Certificate as a Psychiatric Mental Health Nurse Practitioner from the University of Cincinnati, becoming credentialed in the fall of the same year.

Catalina is also an active member of several prestigious organizations, including the American Nurses Association, the National Association of Neonatal Nurses, and the Sigma Theta Tau International Honor Society of Nursing. Her involvement in these organizations has not only supported her professional development but has also enabled her to collaborate with other healthcare professionals, enriching her practice and enhancing patient care.

Her dedication and excellence in nursing have not gone unnoticed; Catalina has received numerous awards, including the Naval Hospital Bremerton Safety Award in 2018, the NANN Scholarship in 2017, and recognition as a Worldwide Leader in Healthcare by the International Nurses Association in 2016. Her commitment to community health interventions was honored with the Lillian Wald Award for Excellence in Community Health Interventions in 2014. That same year, she also received the Olympic College President's Scholar distinction and the Special Student Recognition Award Ho'omau.

Catalina attributes her success to her passion for nursing and the robust support system surrounding her, which has allowed her to thrive in her demanding career. Her focus on excellence in nursing and patient care not only makes her a valuable asset to her teams but also to the patients she serves.

For those interested in the healthcare field, Catalina recommends several journals, including The Journal of Care Management, Advances in Neonatal Care, and The Journal of the American Psychiatric Nurses Association. These publications are essential resources for staying informed about advancements and best practices in nursing.

Outside of her professional commitments, Catalina finds balance and inspiration in her personal life through traveling, painting, and spending time in nature. These activities provide her with the rejuvenation needed to continue her impactful work in the healthcare field.

As Catalina Khalaj embarks on her new role as a Psychiatric Mental Health Nurse Practitioner, her unwavering dedication to her patients and commitment to excellence promise to make a significant impact in the mental health community.

Learn More about Catalina Khalaj:

Through her online profile, <https://todaysnurse.org/nurse/4149708>

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