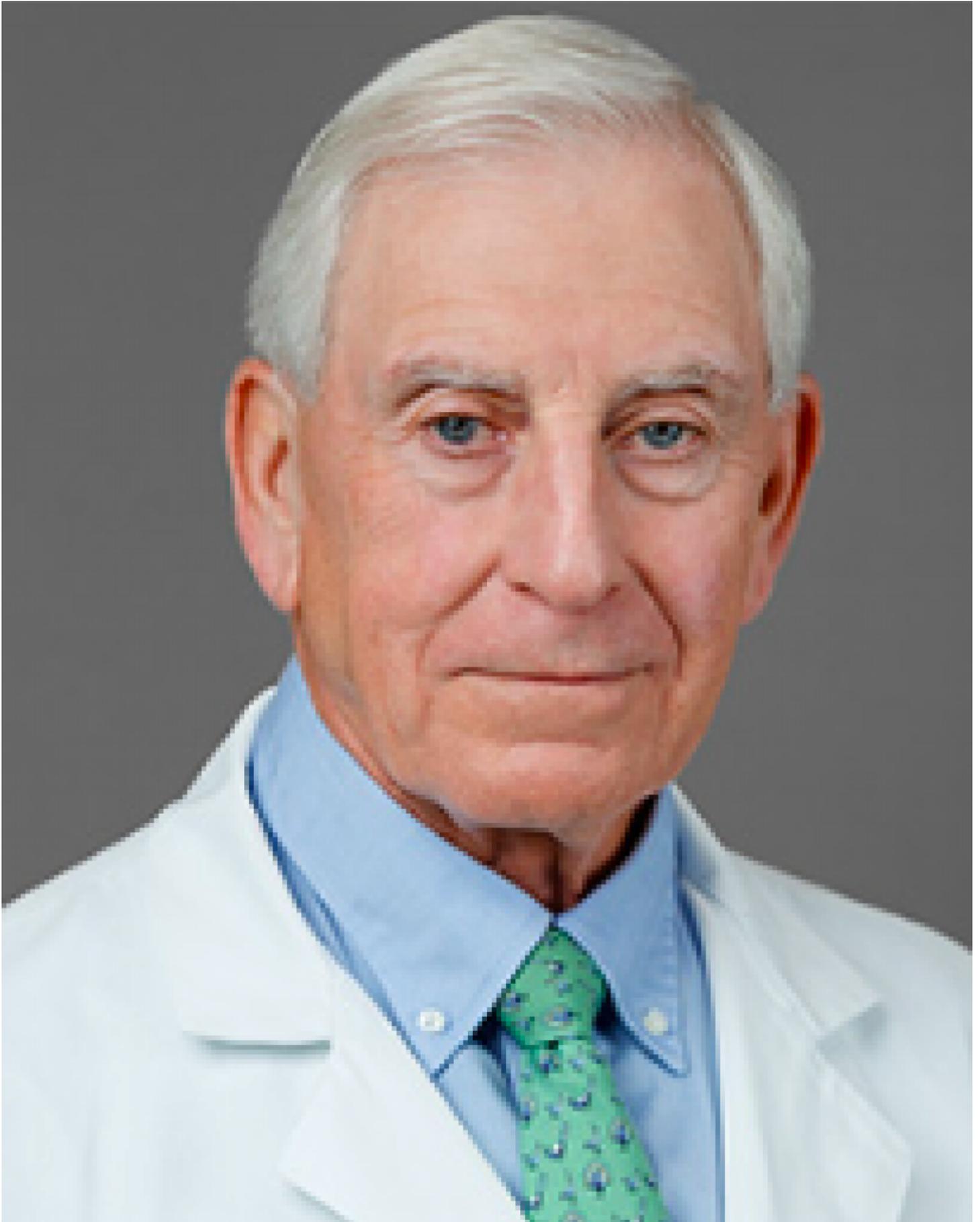


David Helfet, MD, Renowned Orthopaedic Trauma Surgeon, named Senior Medical Director at HSS/Naples Community Hospital.

Bringing Advanced Orthopedic Care to Southwest Florida



and hip preservation surgeon, is expanding his clinical practice from the Hospital for Special Surgery (HSS) main campus in New York to Naples, Florida, where he will serve as the Founding Medical Director of HSS at NCH. This collaboration aims to provide high-quality orthopedic care to the residents of southwest Florida, enhancing access to specialized treatments and innovative surgical techniques.

Dr. Helfet has expertise in the treatment of complex fractures and dislocations affecting both upper and lower extremities, including the shoulder, hip, knee, and ankle. His experience encompasses managing intricate cases, including pelvic and acetabular fractures, as well as poly-trauma patients with multiple orthopedic injuries. Dr. Helfet is adept at treating fractures in diverse populations, including adolescents, adults, and the elderly, addressing challenges such as periprosthetic fractures, insufficiency fractures, and hip dysplasia.

A notable aspect of Dr. Helfet's practice has been his comprehensive approach to orthopedic care, which includes the correction of deformities, limb lengthening, and the treatment of chronic conditions such as post-partum pelvic pain and instability. His dedication to patient-centered care ensures that individuals receive personalized treatment plans tailored to their specific needs, fostering optimal recovery and improved quality of life.

Dr. Helfet's academic credentials are impressive. Born in Cape Town, South Africa, he earned his Medical Degree from the University of Cape Town Medical School in 1975, followed by a rigorous residency at Johns Hopkins University. His further training includes fellowships in orthopaedic trauma and orthopaedic sports medicine at prestigious institutions.

In addition to his role as a Founding and Senior Medical Director of HSS at NCH, Dr. Helfet serves as a Professor of Orthopedic Surgery at Weill Cornell Medical College. He is also the Director Emeritus of the Orthopedic Trauma Service at both HSS and NewYork-Presbyterian Hospital. His commitment to the surrounding community is evident in his role as the Orthopedic Trauma Specialist for the Fire Department of New York (FDNY), the New York Police Department (NYPD), and the New York State Police, where he provides advanced orthopedic care to first responders injured in the line of duty.

An accomplished author, Dr. Helfet has contributed extensively to the field of orthopedic trauma including 363 articles and 79 book chapters. He is a sought-after speaker, frequently presenting at national and international conferences, and has received various accolades, including the Philip D. Wilson Jr. Teaching Award. His exceptional work has earned him recognition as one of New York Magazine's "Best Doctors in New York" and Castle-Connolly's "America's Top Doctors." In 2015, he was awarded the prestigious Hospital for Special Surgery Lifetime Achievement Award, in recognition of a lifetime of excellence in orthopaedic care, research, and innovation. In 2024, Dr. Helfet was inducted into the Fellows of the International Orthopaedic Trauma Association, recognizing his status of excellent professional standing and high achievements in orthopaedic trauma education and research, as well as his past presidency of the Orthopaedic Trauma Association.

"I am honored to be selected to help lead HSS at NCH and work alongside NCH and HSS colleagues to build upon a longstanding foundation of medical excellence," Dr. Helfet stated. "In orthopedics, quality varies widely, and together we will make the highest quality of care available closer to home for the people of Naples and all of southwest Florida."

Dr. Helfet's transition marks a new chapter in orthopedic care in southwest Florida, promising to elevate the standard of treatment and enhance patient outcomes in the region.

Learn More About Dr. David Helfet:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/735613-David-Helfet-Orthopedist>, or through Hospital for Special Surgery, https://www.hss.edu/physicians_helfet-david.asp

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Source : Dr. David Helfet

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