

## **Dr. Kenneth Brooks: A Pioneer in Orthopedic Surgery and Sports Medicine at CLS Health**

*A New Era of Orthopedic Care in Texas*



**New York City, New York Jan 15, 2025 ([IssueWire.com](https://www.issuewire.com))** - A highly respected and board-certified orthopedic surgeon, Dr. Brooks is affiliated with CLS Health, seeing patients at their Clear Lake Campus. His expertise encompasses a range of advanced surgical procedures, including cementless total knee replacement, Oxford unicompartmental knee replacement, ACL primary repair and BEAR restoration, meniscal repair, and reverse total shoulder replacement. His approach to patient care is characterized by collaboration with colleagues to ensure high-quality treatment tailored to diverse patient populations.

A firm believer in the power of effective communication, Dr. Brooks views it as the foundation for a successful physician-patient partnership. He strives to empower his patients with the information needed to make informed treatment decisions, fostering a collaborative environment that leads to positive health outcomes. His passionate commitment to each patient's care reflects his philosophy that every person can achieve their desired health goals through motivation and a well-structured plan.

Dr. Brooks's journey into medicine was fueled by a profound desire to help individuals return to the sports and activities they love. He completed a fellowship in sports medicine from Wayne State University/Detroit Medical Center in Michigan, followed by a second fellowship in joint replacement and adult reconstruction from the University of Texas Health Science Center in Houston. This extensive training positions him as a leader in the orthopedic field.

Recognized as a Fellow of the American Academy of Orthopaedic Surgeons, he maintains memberships with the American Orthopedic Society for Sports Medicine and the Texas Orthopaedic Association. His role as a sideline physician for five high schools in the Pasadena Independent School District underscores his commitment to the health and well-being of young athletes. He also served as Chief of Service from 2020 to 2024, reinforcing his leadership in the field.

Before joining CLS Health, Dr. Brooks made significant contributions at Houston Methodist Orthopedics and Sports Medicine as well as at Houston Methodist Orthopedic Associates at Clear Lake. His dedication to education and training was evident during his tenure as an Assistant Professor at the University of Texas Medical Branch in Galveston, where he not only trained orthopedic surgery residents but also engaged in impactful research and introduced innovative surgical techniques.

**Learn More about Dr. Kenneth R. Brooks:**

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/8132719-Kenneth-Brooks-Orthopedist> or through CLS Health, <https://cls.health/providers/kenneth-brooks-md/>

**About FindaTopDoc.com**

FindaTopDoc is a digital health information company that helps connect patients with local physicians and specialists who accept your insurance. Our goal is to help guide you on your journey towards optimal health by providing you with the know-how to make informed decisions for you and your family.

**Media Contact**

Your Health Contact

\*\*\*\*\*@yourhealthcontact.com

Source : Dr. Kenneth R. Brooks

[See on IssueWire](#)