

Dr. Paul Smith: Transforming Foot and Ankle Care at Alice Peck Day Memorial Hospital

Dr. Paul Smith Brings Cutting-Edge Foot and Ankle Care to New Hampshire and Vermont, Enhancing Mobility and Quality of Life for Patients



New York City, New York Jan 10, 2025 ([IssueWire.com](https://www.issuewire.com)) - Dr. Paul Smith, a dedicated podiatrist at Alice Peck Day Memorial Hospital, is revolutionizing foot and ankle care for patients across New Hampshire and Vermont. With a wealth of experience and specialized training, he is committed to enhancing mobility and quality of life for individuals facing foot and ankle disorders.

A prominent figure in the podiatric community since 2009, he has over a decade of expertise in

evaluating and treating a wide range of foot and ankle conditions. His background as an orthopedic Physician Assistant for seven years has equipped him with a comprehensive understanding of lower extremity biomechanics. He completed his Doctor of Podiatric Medicine degree at the Ohio College of Podiatric Medicine, following a degree in Physician Assistant Studies from Cuyahoga Community College.

As a member of the American College of Foot and Ankle Surgeons and the American Academy of Podiatric Sports Medicine, Dr. Smith is at the forefront of advanced podiatric practices. His areas of specialization include foot and ankle reconstructive surgery, sports medicine, diabetic foot care, wound management, and pediatric podiatry. Dr. Smith believes that successful treatment involves not just addressing symptoms but also optimizing the mechanical function of the lower extremities. He utilizes both conservative measures—such as custom orthotics, physical therapy, and appropriate footwear—and advanced surgical techniques when necessary.

In addition to traditional methods, he incorporates innovative regenerative medicine treatments into his practice, including Extracorporeal Pulse Activation Technology (EPAT) and Platelet Rich Plasma (PRP) injection therapy. These techniques aim to accelerate healing and improve recovery outcomes for patients with chronic conditions.

On a more personal level, Dr. Smith attributes his success to a combination of his extensive education and his lifelong passion for athletics. His understanding of sports-related injuries uniquely positions him to treat active individuals and athletes of all ages.

Learn More about Dr. Paul R. Smith:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/807353-Paul-Smith-Podiatrist-Foot-and-Ankle-Specialist>, or through Alice Peck Day Memorial Hospital, <https://providers.dartmouth-health.org/1412/paul-r-smith>

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