

## Mitchell McDowell, DO: Transforming Orthopedic Care in the Inland Empire Community

Dr. McDowell and M Bone and Joint Deliver Advanced Treatments for Hip, Knee, and Beyond



**New York City, New York Jan 7, 2025 ([IssueWire.com](https://www.IssueWire.com))** - M Bone and Joint, a family-owned orthopedic practice co-founded by renowned orthopedic surgeon Mitchell McDowell, DO, is proud to announce its commitment to providing state-of-the-art orthopedic treatments to the Inland Empire community. With a focus on exceptional customer service and comprehensive care, M Bone and Joint

aims to restore the form and function of its patients, helping them to live their best lives while promoting the health of body, mind, and spirit.

Dr. McDowell, a board-certified orthopedic surgeon and osteopathic physician, brings advanced fellowship training in adult reconstruction of the hip and knee to his practice. As the Chief Executive Officer of M Bone and Joint, he is dedicated to offering innovative solutions for both new injuries and chronic conditions. His expertise encompasses primary and revision total joint arthroplasty, along with extensive experience in minimally invasive hip and knee replacements. Dr. McDowell is also certified in cutting-edge surgical robotic techniques, including MAKO and ROSA, ensuring that his patients receive the highest standard of care.

In addition to his clinical practice, he serves as an Associate Clinical Professor of Orthopedic Surgery at both the University of California, Riverside, and the Western University of Health Sciences.

A Southern California native, Dr. McDowell began his academic journey at California State University, Long Beach, where he earned his Undergraduate Degree with honors from the Howard Hughes Medical Institute while conducting research in molecular cell biology. He went on to complete his Doctor of Osteopathic Medicine Degree at the Western University of Health Sciences College of Osteopathic Medicine, deepening his expertise in the musculoskeletal system, somatic dysfunction, and non-surgical treatments for musculoskeletal disorders.

Dr. McDowell completed his residency at Riverside University Health System, gaining invaluable experience through rotations at Kaiser Permanente and the Children's Hospital of Orange County. He further honed his skills through an adult reconstruction fellowship at Rush University Medical Center and Central DuPage Hospital, a program recognized by U.S. News & World Report with the highest possible rating for knee and hip replacement procedures.

Before establishing M Bone and Joint, Dr. McDowell practiced for eight years in Southern California, earning recognition as an award-winning surgeon, mentor, and researcher. His contributions to the field are underscored by numerous publications and presentations at national conferences, as well as his active engagement in research focused on regenerative health, mobile technology, ortho biologics, and extracorporeal shock wave treatment for musculoskeletal conditions.

When he is not helping patients regain their mobility, Dr. McDowell enjoys playing guitar, woodworking, cooking, and reading.

M Bone and Joint is excited to provide the highest quality orthopedic care in a compassionate and patient-centered environment, continuing Dr. McDowell's mission of enhancing the health and well-being of the Inland Empire community.

#### **Learn More About Dr. Mitchell McDowell:**

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/1859698-Mitchell-McDowell-Orthopedist>, or through M Bone and Joint, <https://www.mboneandjoint.com/about>

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## **Media Contact**

Your Health Contact

\*\*\*\*\*@yourhealthcontact.com

Source : Dr. Mitchell McDowell

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